

Coronavirus Lockdown

There is a new sort of Coronavirus which is spreading fast –
The Government has new rules you must follow in England



Stay at home



You must not leave your home or garden,
other than to

- Shop for things you must have, such as food
- Go to work, if you cannot work from home
- Get medication, or go to medical appointments
- Escape risk of harm, such as someone hurting you
- Exercise



MANCHESTER
CITY COUNCIL



Manchester Health & Care
Commissioning

A partnership between
Manchester City Council
and NHS Manchester CCG

Do not meet other people



You must not meet people socially unless they live with you, or are in your Support Bubble if you have one.

Do not travel or stay away



- If you go out stay near to where you live
- You must not stay overnight away from your home in most cases
- You should not go away on holiday
- Most hotels are closed

Clinically Extremely Vulnerable

If you have a health condition that means you are Clinically Extremely Vulnerable you should Shield. This means



- Stay home as much as you can
- Do not go out to work, school or college

Care home visits

You will have to follow rules about screens etc. No close contact indoors is allowed.

If there is an outbreak of Coronavirus in the care home, visitors will not be allowed. But end of life visits are always allowed.





What will be open

Only shops that sell things that you must have, such as food will be open.

Other shops can only sell things online, or if they do home delivery or click and collect.

Takeaways will be open, but no eating inside.



What will be closed

Shops that sell things you do not have to have, such as clothes or electrical stores.

Pubs, bars, cafes and restaurants are shut, apart from takeaway until 11pm or drive through. They cannot sell alcohol by takeaway.

Places such as gyms, bingo halls and hairdressers.



Worship, weddings and funerals

Places of worship will be open, but you must not mix with people who are not in your household or support bubble.



Weddings can only be held in some cases, only 6 people can be there.



Funeral services can be held, but only 30 people can be at the ceremony, 6 people at wakes.

STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES



Hands, face, space – and clean

- Wash your hands often



- Wear a face covering in shops, on buses, or where you are asked to



- Keep a safe distance from other people



- Wipe down surfaces at home



HM Government

NHS

ENGLAND LOCKDOWN

STAY AT HOME

**THE NEW STRAIN OF CORONAVIRUS IS SPREADING FAST.
WE ALL NEED TO PLAY OUR PART TO STOP THE SPREAD.**