



# #30 DAYS of Friendship

Cyril Flint Befrienders are launching a #30DaysofFriendship campaign in the run up to Christmas to raise awareness about the value of friendship, during the festive period and all year round!

### Dates for your diary:

13th November 2017 - World Kindness Day and the launch of #30DaysofFriendship  
14th November 2017 - Cyril Flint Quiz @ 9pm, Kings Ransom, Sale  
23rd November 2017 - Cyril's Christmas Gift Wrapping Shop @ 12 - 8pm The Lowry Outlet  
24th November 2017 - Cyril's Christmas Gift Wrapping Shop @ 12 - 8pm The Lowry Outlet  
25th November 2017 - Cyril's Christmas Gift Wrapping Shop @ 11.30am-6.30pm The Lowry Outlet  
26th November 2017 - Cyril's Christmas Gift Wrapping Shop @ 12 - 4.30pm The Lowry Outlet  
30th November 2017 - Coffee Morning @ 11am-1pm Homecare Support, 33 Ballbrook Ave, Didsbury  
12th December 2017 - Christmas Party and raffle draw!

Come along to our events to show your support, or even volunteer with us at them! We are urging local people to get involved in whatever way you can to help us raise awareness of loneliness and isolation in the elderly and to help us combat them through friendship.

### Ways to get involved:

**Fundraise\*\*\*Attend our events\*\*\*Donate a raffle prize\*\*\*Volunteer your time\*\*\*Call or visit your elderly neighbours and relatives\*\*\*Post about what you're doing, use hashtag #30DaysofFriendship and help raise awareness and get more people taking part! Let's spread friendship this festive season!**