

# Games for the Brain

Join our fun indoor sporting activity group for people living with dementia and their carers in Manchester



[alzheimers.org.uk](http://alzheimers.org.uk)

Games for the Brain provides the opportunity to keep active and take part in low-impact sporting activities in a social environment.

**When and where:** Starting Thursday 19<sup>th</sup> January 2017, taking place fortnightly, from 2-3.30pm at St. Andrew's Church, Brownley Road, Wythenshawe, M22 0DW

**Donation:** £1 per person per session

**To find out further details, contact the Manchester Alzheimer's Society team today.**

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**We look forward to hearing from you.**