

Carers Assessments

If you look after a partner, relative or friend due to their physical or mental illness, frailty or addiction, you are entitled to a Carers Assessment. It doesn't matter how many hours you care for, the type of care you provide, or what your income is. A Carers Assessment is an opportunity to find out what support or services you may need.

Financial advice

Many carers leave work, or work less, to provide care. This, combined with the cost of living crisis, means carers are struggling financially. We can help you access benefits and financial advice.

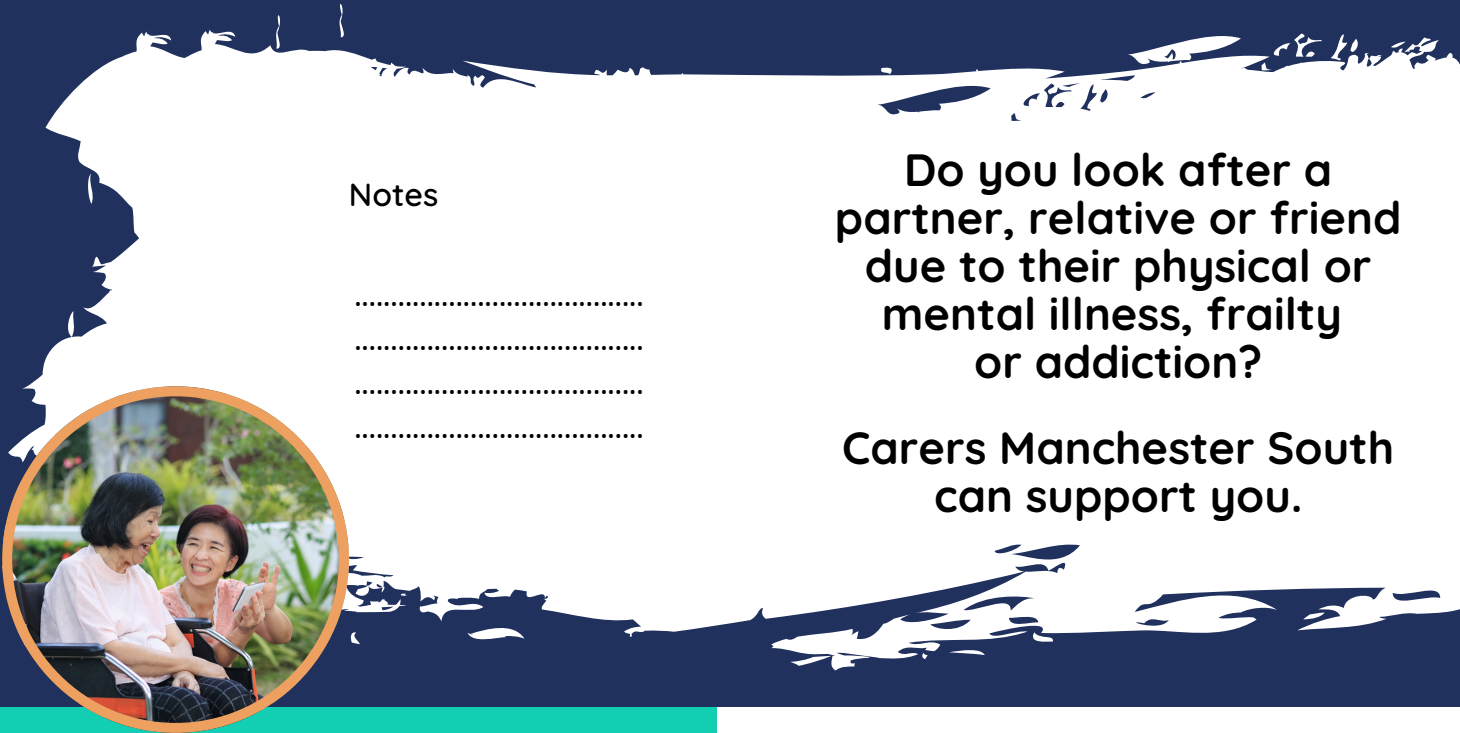
Employment rights

Carers are now entitled to one week's unpaid leave per year, if providing or arranging care for someone with a long-term care need. You also have the right to request a flexible working schedule.

For more information and support about the topics on this page, please get in touch with The Contact Point.

About us

Carers Manchester is a group of organisations who work together to meet the needs of the city's unpaid carers.



Notes
.....
.....
.....
.....

Do you look after a partner, relative or friend due to their physical or mental illness, frailty or addiction?

Carers Manchester South can support you.

Carers Manchester includes voluntary sector organisations which provide support to carers and come together to plan services in local partnerships. Carers Manchester South is led by Manchester Carers Forum working in partnership with Together Dementia Support and Lifted.



Get support

The Contact Point is the first point of contact for carers in the Manchester city council area who want support or advice.

The Contact Point can help you with...



- Carers Assessments
- Welfare and benefits advice
- Your rights as a carer
- Finding respite and activities
- Emotional support



📞 0161 543 8000

✉️ contactpoint@carersmanchester.org.uk

🌐 carersmanchester.org.uk/contact/

The Contact Point is open Monday-Friday, 10am-4pm, except bank holidays.

If your caring concern is an **emergency**, contact Manchester City Council's out-of-hours duty team:

📞 0151 234 5001

Make change

Carers Manchester has ongoing opportunities for you to use your personal experience of caring to help shape services and policies.

Carers Card

We now offer Carers Cards, to help carers identify themselves. The cards include the carer's full name and date of birth so it can be used in conjunction with a form of photo ID (such as a driving license) to further verify the carer's identity.

On the card reverse we can print emergency contact information and the name of the person who is cared for.



In the future the cards will provide discounts at shops and organisations.

To learn more about the above, please contact the Carers Manchester admin team:

📞 0161 834 6069 [ext. 1133]

✉️ admin@carersmanchester.org.uk

Events

Carers Manchester host and promote lots of events for carers. These include...



- free concerts
- wellbeing walks
- art and music workshops
- information sessions

Four ways to find out what's on:

1. Visit our website event calendar:

🌐 carersmanchester.org.uk/events

2. Subscribe to our e-newsletter:

🌐 carersmanchester.org.uk

3. Follow us on social media:

📘 **Carers Manchester**

📺 **mrcrarers**

4. If you can't access digital resources, phone our admin team to ask about events and request our print newsletter:

📞 0161 834 6069 [ext. 1133]