

Community Health sessions 2026-2027

Summer 2026

- Wed 1st July
- Wed 15th July
- Wed 5th August
- Wed 19th August

Autumn 2026

- Wed 2nd September
- Wed 16th September
- Wed 7th October

Half-term break

- Wed 4th November
- Wed 18th November
- Wed 2nd December
- Wed 16th December

Spring 2027

- Wed 6th January
- Wed 20th January
- Wed 3rd February

Half-term break

- Wed 3rd March
- Wed 24th March

Easter break

Summer 2027

- Wed 21st April
- Wed 5th May
- Wed 19th May
- Wed 9th June
- Wed 23rd June

ALL sessions take place 1-2pm.



Further information

All sessions will be held at:
Ladybarn Community Hub,
Royle Street, Ladybarn, M14 6RN

For more information, contact:
leone.alexander@nhs.net



For updates follow:
@CommunityHealthMCR
DM us if you'd like to
come or host a session

Supported by:
The Christie Institute of Cancer Education

Community cancer conversations



No pressure. No expectations.
Just human connection
beyond the hospital.

We started
by listening

You've told us:

“cancer feels deeply isolating”

“there aren't always spaces to talk openly with people who understand, especially outside the hospital.”

So we're creating something new together!

A community space for: conversation, peer support, connection, reflection, belonging.

A welcoming space to explore what support, connection and community could look like beyond the hospital, making you feel valued and understood.

A space for you!

We invite anyone affected by cancer-whether through personal experience, caring for someone, or supporting others professionally-to join and build a supportive community. You can participate as much or as little as you like, and you are welcome just as you are.

This is not a formal support programme or a clinical space. It is the beginning of something we hope to shape together, including what this community becomes and even what we call it.

Whether you would like to talk, listen, meet others, or be in the company of people who may understand some of your experience, you are welcome.

Frequently Asked Questions

Who is this space for?

This space is open to anyone affected by cancer, through personal experience, caring for someone, supporting a loved one, or working professionally in cancer care.



Do I have to speak or share?

No. There is absolutely no pressure to speak, share, or participate in any particular way. You are welcome to listen or spend time with others.

Is this a support group?

Not in the traditional sense. This is a relaxed, facilitated community space focused on connection, conversation, and belonging beyond the hospital environment.

Is it linked to treatment or clinical care?

No. This is not a clinical service or formal therapy programme. It is a welcoming, facilitated space shaped by the people who attend.

What can I expect?

You can expect a warm, informal environment where people can connect, reflect, talk, listen, or be alongside others who may understand some of their experience.



Can carers, family members, and friends attend?

Yes. We recognise that cancer affects many people, not only the person diagnosed.

Do healthcare professionals attend too?

Yes. Healthcare professionals are welcome to create more human, relational connections outside usual clinical settings.

What kinds of things might happen in future?

As the community grows, we may explore wellbeing conversations, creative activities, peer support, shared experiences, and opportunities for connection and learning together.

Do I need to book?

No booking is required; you are welcome to drop in.

Is there a cost?

No, attendance is free.

What if I'm not sure it's for me?

That's completely okay. You are welcome to come along once, bring someone with you, or see how it feels.