

East Manchester



Programme 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
24 July <ul style="list-style-type: none"> 4CT playscheme at the Grange 6-12yrs all week Rookie Lifeguard Courses Mon-Fri this week for aged 8+ at East Manchester Leisure Centre West Gorton Youth Group 4.30-6.30pm age 11+ ACN Football 5-7pm Ten Acres Sports Complex 	25 <ul style="list-style-type: none"> One Manchester Fun and Games Session 8-19 yrs WAC Kayaking/Canoeing on the canal at Troydale 	26 <ul style="list-style-type: none"> 12-6pm Safe Ambition Music and Singing 10-18yrs One Manchester Youth Activities 11-16 yrs at Cycling Centre ACN Dance (Street, Hip Hop) 7-9pm 12-19 year olds ACN Football 5-7pm Ten Acres Sports Complex 	27 <ul style="list-style-type: none"> YPAC Youth Hub 13-19year olds WAC 5-8pm Years 7 and 8 only 	28 <ul style="list-style-type: none"> 4CT Play and multi-sports for 6-14yrs at Stirling Centre 5-7pm FREE Swimming ACN Basketball at Wright Robinson 12-18yrs ACN Football at Football Centre, Sport City 8-10pm 	29 <ul style="list-style-type: none"> Miles Platting Summer Festival 12-3pm all welcome ACN Dance (Street, Hip Hop) 2-4pm 12-19 year olds 	30 <ul style="list-style-type: none"> WAC Sunday Funday 11-2 for 8-13 year olds
31 <ul style="list-style-type: none"> 4CT playscheme at the Grange 6-12yrs all week Multi-Sports at Belle Vue Leisure Centre 12-16yrs Football /Basketball at Belle Vue Leisure Centre 6-11yrs West Gorton Youth Group 4.30-6.30pm age 11+ ACN Football 5-7pm Ten Acres Sports Complex 	1 August <ul style="list-style-type: none"> One Manchester Fun and Games Session 8-19 yrs Roller skating, netball and football at Sporting Edge YPAC and Mcr Games sports coaching 3-5pm WAC Kayaking/Canoeing on the canal at Troydale ACN Football 2-4pm Ten Acres Sports Complex 	2 <ul style="list-style-type: none"> 12-6pm Safe Ambition Music and Singing 10-18yrs One Manchester Youth Activities 11-16 yrs at Cycling Centre Multi-Sports at Belle Vue Leisure Centre 12-16yrs Football /Basketball at Belle Vue Leisure Centre 6-11yrs Roller skating, netball and football at Sporting Edge ACN Dance (Street, Hip Hop) 7-9pm 12-19 year olds ACN Football 5-7pm Ten Acres Sports Complex ACN Football 2-4pm Ten Acres Sports Complex 	3 <ul style="list-style-type: none"> Roller skating, netball and football at Sporting Edge YPAC and Mcr Games sports coaching 3-5pm YPAC Youth Hub 13-19year olds Water Adventure Centre 5-8pm Years 7 and 8 only ACN Football 2-4pm Ten Acres Sports Complex 	4 <ul style="list-style-type: none"> 4CT Play and multi-sports for 6-14yrs at Stirling Centre 5-7pm FREE Swimming Multi-Sports at Belle Vue Leisure Centre 12-16yrs Football /Basketball at Belle Vue Leisure Centre 6-11yrs Table Tennis at Belle Vue 8-16 yrs ACN Basketball at Wright Robinson 12-18yrs ACN Football at Football Centre, Sport City 8-10pm 	5 <ul style="list-style-type: none"> Urban Expression at National Cycling Centre ACN Dance (Street, Hip Hop) 2-4pm 12-19 year olds 	6 <ul style="list-style-type: none"> WAC Sunday Funday 11-2 for 8-13 year olds FAMILY FUNDAY at SACRED HEART in Gorton
7 <ul style="list-style-type: none"> 4CT playscheme at Sporting Edge 6-12yrs all week Multi-Sports at Belle Vue Leisure Centre 12-16yrs Football /Basketball at Belle Vue Leisure Centre 6-11yrs Multi-Sports at Cedar Mount 8-16yrs ACN Football 5-7pm Ten Acres Sports Complex 	8 <ul style="list-style-type: none"> One Manchester Fun and Games Session 8-19 yrs BMXing at National Cycling Centre YPAC and Mcr Games sports coaching 3-5pm WAC Kayaking/Canoeing on the canal at Troydale ACN Football 2-4pm Ten Acres Sports Complex 	9 <ul style="list-style-type: none"> 12-6pm Safe Ambition Music and Singing 10-18yrs One Manchester Youth Activities 11-16 yrs at Cycling Centre Multi-Sports at Belle Vue Leisure Centre 12-16yrs Football /Basketball at Belle Vue Leisure Centre 6-11yrs Multi-Sports at Cedar Mount 8-16yrs ACN Dance (Street, Hip Hop) 7-9pm 12-19 year olds ACN Football 5-7pm Ten Acres Sports Complex ACN Football 2-4pm Ten Acres Sports Complex SPORT AND ACTIVITY DAY AT SPORTING EDGE 12-4pm FAMILY EVENT 	10 <ul style="list-style-type: none"> YPAC and Mcr Games sports coaching 3-5pm YPAC Youth Hub 13-19year olds Water Adventure Centre 5-8pm Years 7 and 8 only ACN Football 2-4pm Ten Acres Sports Complex 	11 <ul style="list-style-type: none"> 4CT Play and multi-sports for 6-14yrs at Stirling Centre 5-7pm FREE Swimming Multi-Sports at Belle Vue Leisure Centre 12-16yrs Football /Basketball at Belle Vue Leisure Centre 6-11yrs Multi-Sports at Cedar Mount 8-16yrs Table Tennis at Belle Vue 8-16 yrs ACN Basketball at Wright Robinson 12-18yrs ACN Football at Football Centre, Sport City 8-10pm 	12 <ul style="list-style-type: none"> Urban Expression at National Cycling Centre ACN Dance (Street, Hip Hop) 2-4pm 12-19 year olds This weekend is Moss Side Carnival weekend 	13 <ul style="list-style-type: none"> WAC Sunday Funday 11-2 for 8-13 year olds
14 <ul style="list-style-type: none"> 4CT playscheme at Sporting Edge 6-12yrs all week Multi-Sports at Belle Vue Leisure Centre 12-16yrs Football /Basketball at Belle Vue Leisure Centre 6-11yrs West Gorton Youth Group 4.30-6.30pm age 11+ Multi-Sports at Cedar Mount 8-16yrs ACN Football 5-7pm Ten Acres Sports Complex 	15 <ul style="list-style-type: none"> One Manchester Fun and Games Session 8-19 yrs Streetdance at Active Me in Gorton 6-16 yrs BMXing at National Cycling Centre YPAC and Mcr Games sports coaching 3-5pm ACN Dance (Street, Hip Hop) 1-2pm 12-19 year olds WAC Kayaking/Canoeing on the canal at Troydale 	16 <ul style="list-style-type: none"> 12-6pm Safe Ambition Music and Singing 10-18yrs One Manchester Youth Activities 11-16 yrs at Cycling Centre Multi-Sports at Belle Vue Leisure Centre 12-16yrs Football /Basketball at Belle Vue Leisure Centre 6-11yrs Kick Boxing at Active Me in Gorton 6-16 yrs Multi-Sports at Cedar Mount 8-16yrs ACN Dance (Street, Hip Hop) 7-9pm 12-19 year olds ACN Football 5-7pm Ten Acres Sports Complex 	17 <ul style="list-style-type: none"> YPAC and Mcr Games sports coaching 3-5pm YPAC Youth Hub 13-19year olds Water Adventure Centre 5-8pm Years 7 and 8 only 	18 <ul style="list-style-type: none"> 4CT Play and multi-sports for 6-14yrs at Stirling Centre 5-7pm FREE Swimming Multi-Sports at Belle Vue Leisure Centre 12-16yrs Football /Basketball at Belle Vue Leisure Centre 6-11yrs Table Tennis at Belle Vue 8-16 yrs Multi-Sports at Cedar Mount 8-16yrs ACN Basketball at Wright Robinson 12-18yrs ACN Football at Football Centre, Sport City 8-10pm 	19 <ul style="list-style-type: none"> Urban Expression at National Cycling Centre ACN Dance (Street, Hip Hop) 2-4pm 12-19 year olds 	20 <ul style="list-style-type: none"> WAC Sunday Funday 11-2 for 8-13 year olds
21 <p>This week playschemes at:</p> <ul style="list-style-type: none"> 4CT playscheme at National Cycling Centre 6-12yrs 4CT/YPAC Playscheme at St Georges 6-12yrs Multi-Sports at Belle Vue Leisure Centre 12-16yrs Football /Basketball at Belle Vue Leisure Centre 6-11yrs West Gorton Youth Group 4.30-6.30pm age 11+ ACN Football 5-7pm Ten Acres Sports Complex 	22 <ul style="list-style-type: none"> One Manchester Fun and Games Session 8-19 yrs Roller skating, netball and football at Sporting Edge BMXing at National Cycling Centre YPAC and Mcr Games sports coaching 3-5pm WAC Kayaking/Canoeing on the canal at Troydale FUNDAY at YPAC with sports and activities – phone for more details 	23 <ul style="list-style-type: none"> 12-6pm Safe Ambition Music and Singing 10-18yrs One Manchester Youth Activities 11-16 yrs at Cycling Centre Multi-Sports at Belle Vue Leisure Centre 12-16yrs Football /Basketball at Belle Vue Leisure Centre 6-11yrs Roller skating, netball and football at Sporting Edge ACN Dance (Street, Hip Hop) 7-9pm 12-19 year olds ACN Football 5-7pm Ten Acres Sports Complex FUNDAY AT SCOTLAND HALL ROAD PARK 12-3pm 	24 <ul style="list-style-type: none"> Roller skating, netball and football at Sporting Edge YPAC and Mcr Games sports coaching 3-5pm YPAC Youth Hub 13-19year olds Water Adventure Centre 5-8pm Years 7 and 8 only 	25 <ul style="list-style-type: none"> 4CT Play and multi-sports for 6-14yrs at Stirling Centre 5-7pm FREE Swimming Multi-Sports at Belle Vue Leisure Centre 12-16yrs Football /Basketball at Belle Vue Leisure Centre 6-11yrs Table Tennis at Belle Vue 8-16 yrs ACN Basketball at Wright Robinson 12-18yrs ACN Football at Football Centre, Sport City 8-10pm 	26 <ul style="list-style-type: none"> Urban Expression at National Cycling Centre ACN Dance (Street, Hip Hop) 2-4pm 12-19 year olds 	27 <ul style="list-style-type: none"> WAC Sunday Funday 11-2 for 8-13 year olds
28 <p>CLOSED on Bank Holiday Monday but open Tues to Friday</p> <p>This week playschemes at:</p> <ul style="list-style-type: none"> 4CT playscheme at National Cycling Centre 6-12yrs 4CT/YPAC Playscheme at St Georges 6-12yrs 	29 <ul style="list-style-type: none"> One Manchester Fun and Games Session 8-19 yrs BMXing at National Cycling Centre WAC Kayaking/Canoeing on the canal at Troydale 	30 <ul style="list-style-type: none"> One Manchester Youth Activities 11-16 yrs at Cycling Centre HSBC NATIONAL CYCLING CENTRE SUMMER FUNDAY 12-5pm 10-17yrs ACN Dance (Street, Hip Hop) 7-9pm 12-19 year olds ACN Football 5-7pm Ten Acres Sports Complex 	31 <ul style="list-style-type: none"> YPAC Youth Hub 13-19year olds 	1 September <ul style="list-style-type: none"> 4CT Play and multisports for 6-14yrs at Stirling Centre 5-7pm FREE Swimming ACN Basketball at Wright Robinson 12-18yrs ACN Football at Football Centre, Sport City 8-10pm 	2 <ul style="list-style-type: none"> Urban Expression at National Cycling Centre ACN Dance (Street, Hip Hop) 2-4pm 12-19 year olds 	3 <ul style="list-style-type: none"> WAC Sunday Funday 11-2 for 8-13 year olds

See overleaf for more details of age groups, times, venues and any costs.

Or call 0161 230 1420 for further information about any of the services listed or email info@4ct.org.uk

All activities are free of charge unless stated otherwise



EAST MANCHESTER LEISURE CENTRE, BESWICK

FREE Swimming every day from Friday 21st July until 3rd September for Manchester Residents.

Every day there are Family Float Sessions at East Manchester Leisure centre from 1-2pm and 2-3pm in the small pool - £2 per person
Every Day 1-5pm Junior Gym sessions for 11-15 at East Manchester Leisure centre £2.70 per session or join for £12 per month –
must have an induction before first session – junior membership also entitles members to free swimming

Provider	Who	Email	Telephone	Notes
SAFE Ambition	Allan	allan.donoghue@sky.com	07805 034321	Free sessions for 10-18 year olds - music, song writing and singing
4CT Playschemes	Kay	info@4ct.org.uk	0161 230 1420	Free open access playschemes sessions 10-12.30 and 1-3.30pm each day
4CT Play	Kay	info@4ct.org.uk	0161 230 1420	Free, play session at the Stirling Centre, Scotland Hall Road, Newton Heath
HSBC National Cycling Centre	Claire	info@4ct.org.uk	0161 230 1420	A funday with a range of activities for 10-17 year olds including sports, BMX, velodrome taster and inflatables
Miles Platting Summer Festival	Amy	amy.holden@adactushousing.co.uk	0161 203 2639	Summer festival – free activities for all Adactus also organising youth activities in July/August
One Manchester	Bridget	bridget.halliday@onemanchester.co.uk	0161 274 1276	Tuesdays 12-2pm Clayton Park, Ashton New Road
One Manchester	Sara or Gareth	sara.oconnor@onemanchester.co.uk gareth.white@onemanchester.co.uk	07940 752290	Activities for young people at the Youth Space at the National Cycling Centre
FREE Swimming	Ayshea	eastmanchester@gll.org	0161 641 1200	Free swimming for Manchester residents aged under 17 from 9am every Friday, Saturday and Sunday during the holidays. Children aged under 8 and non-swimmers must be accompanied
Family Float and Junior Gym	Ayshea	eastmanchester@gll.org	0161 641 1200	For further information please contact East Manchester Leisure Centre
Rookie Lifeguard Course Mon to Fri 24 th to 28 th July	Ayshea	eastmanchester@gll.org	0161 641 1200	£17.50 per person – participants must be able to swim at least 100m, float and tread water and be deep water confident
Multi Sports and Football Basketball at Belle Vue Leisure Centre	Simon	s.morrissey@manchester.gov.uk	07599 462233	12-2pm Mcr Young Community Champions Project - part of East Manchester Community Games
Urban Expression	Simon	s.morrissey@manchester.gov.uk	07599 462233	7.15 to 9.15 pm cycling and youth project for 10-14 year olds at the HSBC National Cycling Centre £1.50 per person
Multi- Sports at Cedar Mount	Simon	s.morrissey@manchester.gov.uk	07599 462233	2.30-4.30pm at Cedar Mount Academy, Wembley Road, Gorton, M18 7DT
Table Tennis at Belle Vue	Simon	s.morrissey@manchester.gov.uk	07599 462233	6-8pm at Belle Vue Leisure Centre, Kirkmanshulme Lane, Gorton, M12
Kick Boxing at Active Me	Simon	s.morrissey@manchester.gov.uk	07599 462233	1.30-2.30pm at Active Me Studios, 194 Abbey Hey Lane, Gorton, M18 8TW
Streetdance at Active Me	Simon	s.morrissey@manchester.gov.uk	07599 462233	1.30-2.30pm at Active Me Studios, 194 Abbey Hey Lane, Gorton, M18 8TW
Roller skating, netball and football at Sporting Edge	Gaynor	info@4ct.org.uk	0161 301 1412	12-2pm Family activities for all ages but children to be accompanied by an adult
BMXing at National Cycling Centre	Nicola	NCCAdmin@eastlandstrust.org	0161 223 2244	8-10pm for 15-19 year olds
Multi-sports at Scotland Hall Road park	Simon	s.morrissey@manchester.gov.uk	07599 462233	5-8pm for ages 6-13yrs
YPAC and Mcr Games	Chris	chris.macintosh@ypacmanchester.org.uk	0161 834 5665	Park View 3G pitch, Mile Platting, M40 7DA, Free sports coaching from 3-5pm
YPAC Youth Hub	Chris	chris.macintosh@ypacmanchester.org.uk	0161 834 5665	Open youth club for 13-19 year olds at the Church of the Apostles, Ridgway Street, Manchester, M40 7BJ
West Gorton Youth Group	Claire/ Angeli	claire.begley@groundwork.org.uk or angeli.sweeny@groundwork.org.uk	07795 224687 or 07790 800953	Youth work activities with an environmental focus, 18+ year olds encouraged to be volunteers, tuck shop on site
ACN (Active Communities Network) Basketball, Dance and Football	Jamie	jamie@activecommunities.org.uk	07538 300 477	<ul style="list-style-type: none"> Basketball at Wright Robinson Fridays 7-9pm age 12-18 Dance at Active Me Studios, 194 Abbey Hey Lane, Gorton
WAC (Water Adventure Centre)	Mike or Ben	info@wateradventurecentre.org.uk	0161 301 2673	Water Adventure Centre is a youth project based on the canal in Droylsden please check the website or book in before activities – all young people must be able to swim and have parental consent
PARKS – Multi-Sports Activities in PARKS	Simon	s.morrissey@manchester.gov.uk	07599 462233	<ul style="list-style-type: none"> 2nd, 3rd, 4th, 9th, 10th and 11th Aug 2-3.45pm in Debdale Park 2nd, 3rd, 4th, 9th, 10th and 11th 4-6pm Vine Street Park, Gorton 16th, 17th, 18th, 23rd, 24th and 25th August 2-3.45pm in Brookdale Park, Newton Heath 16th, 17th, 18th, 23rd, 24th and 25th August 4-6pm Hewlett Johnson Playing Fields, Clayton
TRACK CYCLING at NATIONAL CYCLING CENTRE		Sign up online at eastlandsvelo@hotmail.com		Mondays 6-7pm for 10-15 year olds – FREE session but must be booked in advance
YOUNG CARERS project	Jenna	info@4ct.org.uk	0161 230 1420	A project to support young carers aged between 11 and 16 with monthly activities – phone Jenna for more information.

This summer programme was collated by the members of East Youth Partnership supported by:



For more details of summer holiday activities you can also visit www.manchester.gov.uk/allsortstodo