

CASE STUDY

SAMAN SHAHID

Saman, 23, graduated from University of Westminster with a 2:1 in International Relations and Arabic in 2013, and had been looking for work for 9 months.

Despite getting interviews, she lacked the confidence to pass them. When her local Jobcentre informed her about Fastlaners, Saman decided to try the two-week course.

During Fastlaners, Saman developed the two key things she was lacking: confidence and networks.

Over the course of the programme, she was introduced to a range of professionals, including an accountant for a firm based in Canary Wharf.

When the two week programme ended, Saman contacted the accountant who had mentioned a potential role at his company.

Armed with her new interview skills, confidence, and tailored CV, Saman was offered the role and has now been a Financial Administrator for eighteen months.

INTERESTED?

**CONTACT US TO FIND OUT MORE ABOUT FASTLANERS
IN YOUR AREA OR TO COME ALONG TO A TASTER SESSION**

 uprising.org.uk/fastlaners  fastlaners@uprising.org.uk  [@Fastlaners](https://twitter.com/Fastlaners)



18–25

AND LOOKING TO

KICK-START YOUR CAREER?

FASTLANERS

COULD BE WHAT YOU'RE


LOOKING FOR

“ It has been a great two weeks and I would do it all over again. I feel like I have so much to put into practice. ”

SOPHIE, APRIL 2014 FASTLANER, NOW PROJECT MANAGEMENT ASSISTANT AT ACCESS.



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“A variety of skills gained, lots of useful tips and information and valuable networks, including fellow Fastlaners. A great experience overall.”
 MO, APRIL 2014 PARTICIPANT, NOW APP DEVELOPER FOR AN EXCITING START-UP COMPANY.

**ARE YOU 18–25? UNEMPLOYED?
 LOOKING TO BUILD ON
 YOUR EXISTING EXPERIENCE
 OR QUALIFICATIONS?
 LIVE IN BIRMINGHAM, LONDON OR MANCHESTER?
 THEN FASTLANERS IS FOR YOU!**

WHO ARE UPRISING?

UpRising is a UK-wide youth leadership development organisation, offering a range of leadership and employability programmes for 18–25 year olds across the UK.

We’ve been delivering programmes since 2008, and are proud to be a recipient of The Queen’s Young Leaders grant to deliver Fastlaners to 600 18–25 year olds in London, Birmingham and Manchester from 2015–2019.

THE FREE PROGRAMME CONSISTS OF:

- ▶ Two weeks of full-time workshops to build your confidence and employability prospects.
- ▶ CV and interview feedback from real employers.
- ▶ Networking opportunities with professionals across multiple sectors.
- ▶ One-to-one support to find and sustain fulfilling work.
- ▶ Six months of mentoring to help achieve your goals and get job support.
- ▶ Access to job opportunities across a range of industries.
- ▶ Consultation with employers to get your voice heard.

SINCE 2010

75%
 OF FASTLANERS PARTICIPANTS HAVE MOVED INTO EMPLOYMENT OR TRAINING WITHIN 6 MONTHS OF THE PROGRAMME.

100%
 OF PARTICIPANTS REPORTED AN INCREASE IN CONFIDENCE.

100%
 OF PARTICIPANTS AGREED FASTLANERS HAD JUMP-STARTED THEIR JOB SEARCH.

Employers include BT, the Treasury, Nexus, Citibank, and Gumtree; whilst a number of participants are now teaching or working for start-ups.

