



GiveGetGo! is a project supporting 16-19 year olds in Harpurhey and Charlestown to take part in volunteering taster sessions, with a focus on learning new skills, active participation and the impact volunteering has on wellbeing.

What does GiveGetGo! involve?

GiveGetGo! is funded until Summer 2014 and so will run several times throughout 2013/14.

The project is delivered through a flexible six session programme that explores:

- What volunteering involves
- Local volunteering opportunities
- Practical experience of volunteering

Each programme will be tailored to meet the participants' needs and interests, and volunteering tasters could include working with animals, community work, arts-based projects and much more!

As part of GiveGetGo! each group of young people will have the opportunity to plan and deliver their own voluntary event or project, with access to a fund of £200 per group.



How will GiveGetGo! be delivered?

GiveGetGo! will be delivered with existing groups such as youth groups or education projects, and also to groups of individuals.

If you want GiveGetGo! to be delivered at your organisation, or if you know a group of young people who may benefit from participating in GiveGetGo! then please get in touch.

What will young people gain from being involved?

In addition to gaining hands-on volunteering experience, the young people will gain:



- A greater understanding of volunteering and where to find volunteering opportunities in Manchester;
- A greater awareness of their own health and wellbeing, and of how volunteering meets the 5 ways to wellbeing;
- A greater sense of belonging to their local area through the voluntary activities;
- Improved employability skills such as awareness of timekeeping, improved confidence, self-esteem, and teamwork/co-operation.

Contact:

GiveGetGo! is a project delivered by Greater Manchester Youth Network.

For more information about GiveGetGo!, or to make a referral, please contact **Quina Chapman** by phone on **0161 274 3299** or by email on quina.chapman@gmyn.co.uk.