GREATER MANCHESTER
MATURE MINDS MATTER

Do you have experience of accessing, or supporting someone who has accessed, mental health support as an older person (50+)?

We are looking for people to join our network to make a difference to mental health support across Greater Manchester.

We're here to have our voices heard, connect with our peers, reduce stigma and represent older people across Greater Manchester!

If you would like to learn more and join as a network member, please email or call:

✉ **GMOPN@macc.org.uk**

☎ **0161 834 9823**

Freepost: MANCHESTER COMMUNITY CENTRAL

greater manchester older people's network