

GMESS

Greater Manchester Eczema & Skin Support

Supporting you to improve your skin health

Eczema! Psoriasis! Acne!

If you live in Greater Manchester and are affected by these or other inflammatory skin conditions, and are further affected by covid-19, then GMESS is here to support YOU!

Our Community Services

Support groups

Be part of a community and share your experience, you're not alone in this.

Courses

Understand your skin and how to better manage it through lifestyle change.

1-to-1

Receive 1-to-1 support to better manage your skin for a better quality of life.

Advice line

Not sure which way to turn? Contact our advice line on **03301201410** and get the support you need.

For more information contact Paul Mattis on:



support@gmess.org.uk



07828902300

