



Go on, give your extra hour in bed to Manchester.

Here at Manchester's newest bus company, we're asking our fabulous employees and customers to come together and donate their precious extra hour in bed to a good cause.

So when the clocks go back on the 27th October it's your chance to do a little special something in your community.

Whether you visit your neighbour for a chat and a cuppa, offer to take some food to one of the city's food banks, or litter pick your local street, together we'll be making a big difference.

So tell all your friends and family to get thinking about how we can all make time this October.

Let's all come together and give something back.

Head to twitter @gnwbus to tell us about your Manchester hour. We want to make sure your hour is added to our grand total. **#MyManchesterHour**



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