

February 2020

Below is a list of our free **Social Clubs** in Manchester for people **aged 65 and above**. All our events are hosted by **young people** who want to meet you and hear your stories. Share your skills and learn new ones, all whilst making new friends in your community.



If you would like to book onto any of these activities, please call Heather or Amy on 0161 207 0800.

**Monday 3rd February, 6.30-8pm: Desert Island Discs – ANCOATS
*The Mustard Tree, 110 Oldham Rd, Ancoats, Manchester M4 6AG***

Like the radio show of its namesake, come and share a song and why it's meaningful to you. This month our theme is **My Funny Valentine**, awkward or embarrassing romantic anecdotes are welcome!

Bus: 24, 74, 76, 83, 114, 180, 181, 182, 184, X84 (get off Wing Yip Superstore)

**Monday 10th February, 6-8.30pm: Film Night – COLLYHURST
St George's Youth and Community Centre, Livesey Street, Collyhurst,
M40 7NY**

Join us for film night - this month we'll be watching *Wild Rose* - a film starring Julie Walters about a Scottish Woman juggling her job and children, whilst pursuing her dream of becoming a country music star.

Bus: 24, 83, 114,180, 181, 182, 184, 726 (get off at the stop Butler St).

**Wednesday 12th February, 2-3.30pm: Chair Yoga – WHALLEY RANGE
Coffee Cranks Co-op Cafe, Alexandra Park, Demesne Road,
Manchester, M16 8PJ**

Meet new friends and take part in some simple chair-based exercise routines. This month we will do some gentle chair based yoga, and we will learn some relaxation techniques.

Bus: 101/2/3/4 (alight on Princess Road.) 85/85A (alight on Alexandra Rd South). Enter through Demesne Road entrance to park.

**Wednesday 12th February, 18.45-21.45: Theatre Trip: *Extraordinary
Wall* - CITY CENTRE
HOME, 2 Tony Wilson Pl, Manchester M15 4FN**

Come and join your younger neighbours for a catch up and to watch a powerful theatre show exploring prejudice. We'll be meeting at the café at 6.45pm.

Bus: 256 (get off Medlock Street), FreeBus (get off at Whitworth Street West), or any bus on Oxford Road route (get off Oxford Rd Stn)

Train: Oxford Road or Deansgate Station

Please note: There are limited spaces, so please call us to put your name on the list for our lottery. We'll be drawing names out of a hat on **5th February** so if you don't hear from us on that date then unfortunately you will not have secured a place for the event.

**Friday 14th February, 1.30-3pm: Storytelling Social Club-CITY
CENTRE**

Work.Life, Brown St, Manchester M2 1DH (just off Market Street)

Come along for our first afternoon of story sharing. Join your neighbours for a relaxed and informal afternoon of sharing stories and anecdotes over a cuppa. You can come to talk, or you can come along to just listen.

Bus: 1 (alight on King Street), a short walk from Piccadilly Gardens.

Tram: Short walk from Market Street (turn left off market street onto Brown Street at H&M).

Please note: There are limited spaces, so please call us to put your name on the list for our lottery. We'll be drawing names out of a hat on **7th February** so **if you don't hear from us on that date then unfortunately you will not have secured a place for the event.**

***Monday 17th February, 5-7.30pm: Documentary Club - CITY CENTRE
ThoughtWorks, 4th Floor, Federation House, 2 Federation St,
Manchester M4 4BF (close to Shudehill)***

This month's documentary club takes place at an **exciting new** city centre venue. We will be watching the multiple award-winning documentary 'Three Identical Strangers'. This documentary contains themes which some people may find upsetting. Please get in touch for more information.

Bus: 41, 135 - alight on Corporation Street.

Tram: Short walk from Shudehill.

***Tuesday 18th February, 6-7.45pm: Comedy Show - CITY CENTRE
Old Bank Residency, Hanover St, Manchester M4 4AH***

Join your younger neighbours to watch an exclusive comedy show for Manchester Cares. Refreshments will be provided.

Please call to book your place so we have an idea of numbers.

Bus: 41, 135 (get off on Corporation Street near Manchester Victoria).

Tram: Short walk from Shudehill tram stop.

Wednesday 19th February, 3-4.30pm: Longsight Club – LONGSIGHT

***Longsight Library and Learning Centre, 519 Stockport Rd,
Manchester M12 4NE***

Longsight's monthly social club. This month, come and get crafty and learn how to do some knitting! All materials will be provided.

Bus: 192, 197,191, 150, 734, 702, 53

***Thursday 20th February, 5.30-7.30pm: Dance Club – COLLYHURST
St George's Youth and Community Centre, Livesey Street, Collyhurst,
M40 7NY***

Join your younger neighbours for a boogie! Open to all abilities, and if you'd prefer to just sit and soak up the atmosphere – that's fine.

Bus: 24, 83, 114, 180, 181, 182, 184, 726 (get off at Butler St).

***Tuesday 25th February 5-7pm: Pub Quiz – CITY CENTRE
Gullivers, 109 Oldham St, Manchester M4 1LW***

Teams will be formed on arrival – just bring yourselves and your competitive edge. A complimentary drink will be provided.

Bus: 24, 74, 76, 83,180, 181, 182, 184, 216, 217, 231, X84 (get off on Oldham Street) or a short walk from Piccadilly Gardens.

***Friday 28th February 1-3pm: Cooking Club – HULME
Aquarius Community Centre, 21 Eden Cl, Hulme, Manchester M15
6AX***

Join younger neighbours to cook up some tasty treats in the kitchen, then sit down to eat them afterwards. All ingredients will be provided, but let us know in advance if you have any dietary requirements - and **bring along a Tupperware in case we have leftovers!**

Bus: 85, 85A (get off on boundary lane). 53, 86, 250, 263 (get off on Booth Street West at Faith Pharmacy.)