

Thank you for requesting Information about the International Women's Day event "The Art of Science." This is the 5<sup>th</sup> year we have organised a creative celebration for Women's Day and we have taken on board feedback from the previous years. This year we have made some fabulous changes including a **NEW VENUE** and even **MORE WORKSHOPS** over two weekends!

Please see below for information about the event. Once you have read through this please contact us to request a booking form at <a href="www.womensday2013@yahoo.com">www.womensday2013@yahoo.com</a>. If you have any inquiries please email us at the address above or phone peer workers Laura (07739016394) or Tas (07939204204)

#### PROGRAMME OF EVENTS

This year's theme is STEM (Science, technology, Engineering and Maths.) The workshops will be based on this theme but you do not need to have any previous experiences in the arts or sciences! The workshops will be about looking at STEM as starting points to create personal and meaningful creative pieces. Above all, the workshops are about having fun, meeting new women and trying out new things!

# <u>Places are limited on the workshops and you must book a place if you would like to take part</u>

You are welcome to come to one of our workshop sessions or to book onto as many workshops as you would like.

Here is the itinerary:-

### Sunday 3rd March 2103

- 1:20- 1:45 Drinks and Registration for workshop 1
- 1:45-3:15 Creative Writing and Storytelling Workshop (with Sahera Parveen)
- 3:15-3:45 Tea and cakes and registration for workshop 2
- 3:45-5:15 Drama Workshop (with Eleanor Samson)

#### Sunday 10th March 2013

- 1:20-1:45 Drinks and Registration for workshop 1
- 1:45-3:15 Art Workshop (with Laura Nathan)
- 3:15-3:45 Tea and Cakes and registration for workshop 2
- 3:45-5:15 Dance workshop (with Hannah Stappleton)

#### Information about each workshop:-

## Creative Writing and Storytelling Workshop with Sahera Parveen

When it comes to the topic of women in science, Marie Curie usually dominates the conversation. After all, she discovered two elements, was the first women to win a Nobel Prize, in 1903, and was the first person to win a second Nobel, in 1911. But Curie was not the first female scientist. Many other brilliant, dedicated and determined women have pursued science over the years. Caroline Herschel was the first woman to discover a comet, Mary Anning found her first fossil at aged 11 and Maria Mitchell was the first female astronomy professor. Just like you, these pioneers were wives, mothers and daughters. Come and hear their stories and be inspired to explore their lives and your own through creative writing and storytelling.

## **Drama Workshop with Eleanor Sampson**

What gadget couldn't you live without? What classic invention helps you in your daily life? In this interactive workshop participants will be exposed to drama games, exercises and techniques to explore 'the inventions that makes our lives easier!' The group will be encouraged to discuss and share the various roles they have in life and how these roles help both themselves and others. Participants will be split into groups and set the challenge of inventing a device or concept that could help to make life just that little bit easier. This relaxed and informal workshop aims to develop enrichment skills within the group including confidence building, teamwork, raising future aspirations, expression of ideas and how to set personal challenges and achieve them!

## **Art Workshop with Laura Nathan**

In the Visual arts workshop we will transform petri-dishes; most commonly found in science laboratories into beautiful and unique art pieces. As a starting point for these art pieces, we will explore quotes made famous by female scientists which are an inspiration not just in the field of science but in all aspects of our lives. This workshop will be a mixture of self-reflection, group discussions and creativity!

## **Dance Workshop with Hannah Stappleton**

In the movement section of the workshop we will be looking at cells and cell division, thinking about how cells work together as a cluster to make us who we are and then how cells split and stand strong as an individual. We will look at images and discoveries made by female scientist to inspire our movement. We will move like cells on their journey from a supported group to powerful stand-alone individuals. This Workshop will include creative movement and discussion that we can relate to ourselves.

#### **VENUE:**

 Manchester Multifaith Centre is based on the 2nd Floor of 77 Thompson Street Manchester, M4 5FY. It is in a great location a couple of minutes away from Manchester City Centre. Ada House is fully accessible for disabled visitors and there is a lift in the building. Please arrive promptly as the workshops will start on time.

#### **Car Users**

- On a Sunday car parking around Ada House is all free
- Thompson street car park costs £1.50 for a whole day on a Sunday

#### **Public Transport users**

 Ada House is a 3 minute taxi ride or ten minute walk from Manchester Piccadilly Gardens. Get a Metrolink or bus to Manchester City Centre and then follow the following directions on the link below

http://walkit.com/walk/?city=manchester&from=Piccadilly+Gardens%2C+Manchester +M1+3BG&fuid=3028975\_3419795&to=77+thompson+house+m4+5fy++++++&tuid =1691510\_1886036&rta=new&direct=0

Here are some images of workshops from our previous International Women's day events











