

Information and support following the Manchester Arena Incident (updated 26/5/17)

As we head to the weekend all of us at Macc would just like to say thank you to everyone who has shared information through these updates. Please keep going – and keep sending things for us to add in. I know from the feedback we've had that people are finding them useful.

Next week we'll start looking to the future. There is a lot to think about and we need to do it soon. While it's important to show a strong 'business as usual' spirit, we also need to recognise the stress and anxiety felt by many people and increasing tensions in local communities. It's becoming clear that hatecrime is rising fast but not being reported. Our organisations and groups can work together to encourage dialogue, build understanding support, share and give hope.

I hope that you will have some time to enjoy the sunshine this weekend, to take some time for yourself and your friends and family.

We Love Manchester Emergency Fund

The We Love Manchester Emergency Fund has raised £2m in just 24 hours. Sports stars, celebrities, members of the public and businesses have all responded to the call for funds to support people affected by the devastating attack in Manchester, as donations have come pouring in from across the country. The Manchester Evening News, who launched the We Stand Together appeal raising £1m, have joined forces with the We Love Manchester Emergency Fund. The fund will support people who have been injured or bereaved by the attack. The donations will help alleviate suffering and ensure that victims and their families do not face short-term financial difficulties.

The Lord Mayor of Manchester, Councillor Eddy Newman, said: "We are incredibly grateful to everyone who has generously supported the We Love Manchester Emergency Fund. "The money raised through your donations will make a real difference to those who have been affected by this horrific attack. The magnificent support received so far shows just how strongly the world stands united with the city of Manchester at this difficult time."

Mike Adamson, Chief Executive of the British Red Cross said: "We have been moved by the compassionate response to this appeal for victims and their families. People from communities across the U.K. and right around the world are showing their solidarity by donating. The money raised will contribute to those affected by this terrible attack getting the help that they need today, tomorrow and into the future". Please donate now to help those bereaved or injured.

The money raised will be used to assist the victims of the attack, their families and dependants. In the unlikely event that we raise more money than can be reasonably and efficiently spent, surplus funds will be used to respond to similar events in the UK that charity trustees consider appropriate.

For further information, visit:

www.justgiving.com/campaigns/charity/redcross/ManchesterEmergencyFund

British Red Cross are looking for bucket collectors for tomorrow (Saturday)

Are you in or around Manchester tomorrow? We need volunteers in the city centre to collect donations for the fund. <http://bit.ly/2qqikU3>

Manley Park Methodist Church response to the horrifying incident in Manchester

Manley Park Methodist Church members have been discussing the tragic events – and part of their response will be to open the church this Friday 26 May between 1pm and 9pm for anyone to drop in at any time to make their own response.

The church will be available for prayer, there will be a book of condolence to sign and a candle lit on the altar table. There will be tea lights available, quiet music playing in the lobby and a banner at the front of the church.

The church will also put noticeboards at the front (church) and back (JNR8).

Balloons and 'I love MCR' posters will be attached around the perimeter.

It is intended to keep the doors open between community and church from 1pm-9pm during the daytime and evening, with access from the church entrance from 6pm-9pm.

Manley Park church is providing a simple, non-demanding space and time for people to make their own responses in whatever way they wish.

The community groups who use the church spaces will also welcome people to the building – including Whalley Range Community Forum, Whalley Range Youth Opportunities Association and Community on Solid Ground. JNR8 and the Welsh Chapel are Third Party Hate Crime Reporting Centres.

Manley Park Methodist Church, Egerton Road North, Whalley Range.

Statement from Jon, Rouse, Chief Officer of Greater Manchester Health and Social Care Partnership

“Our thoughts are with families, friends and communities who are grieving their loved ones following the horrendous attack at Manchester Arena.

There are still a number of individuals receiving treatment and care – as would be expected following an attack like this. Some of this care is critical care, meaning patients require intensive and constant support and monitoring. We are also providing support to families during this difficult time.

The NHS and care organisations together with partners across the voluntary sector will be providing care and support for individuals in the weeks, months, years to come. Some individuals will now have life-changing injuries which will require the support of the NHS and partners for a long time.

I'd like to thank our emergency services and pay tribute to their dedication and commitment. We've worked in partnership to respond to these awful events.

Everyone has come together and I am proud of all of our organisations and staff for their response to this attack.

Manchester has a wonderful community spirit which we have drawn on in these past

dark days. We realise that there will be members of our community deeply affected by what has happened. The Partnership has therefore issued guidance on how to access mental health support on its website and I'd encourage people to read and share this: www.gmhsc.org.uk/news/"

NHS Salford CCG

For any mental well-being advice following the Manchester Arena incident follow the link <http://ow.ly/wgvH30bZKBN>

Mental Health Volunteers Needed

Following the deaths and injuries from the bombing last Monday, there will be a second and third wave of injuries- the mental scars. Traumatic Stress and Grief will affect many of the people directly involved, their families and friends, first responders, treatment providers and anyone else directly involved. Without treatment these mental wounds will linger on, and ruin lives even further.

Pop Up Trauma Centre

53 Tib Street, Manchester, M4 1LS. A free, open access Trauma and Resilience centre has been established in Tib Street. Anyone affected by the incident can walk in off the street and receive immediate professional support starting from Monday morning. It is the first of its kind in Europe and based on a model from large scale international disasters such as the tsunami in Japan, the earthquake in Nepal and terrorism in the Middle East.

Volunteers Needed

We are asking professionally qualified psychologists, counsellors, mental health professionals, social workers or allied professions to offer time to staff the centre. Give as little or as much of your time as you can- ask your employers to support you. Employers please offer your support too, and release staff.

Free Trauma Training

International experts are flying in this weekend to offer free training in the latest techniques to treat trauma in the aftermath of the bombing. You will learn two protocols- one that covers the first 72 hours (now elapsed) and the other post 72 hours. The training is offered in the form of a one day workshop and you can choose to attend on either day. Volunteers need to attend this training please, details on request.

Sunday 28th May OR Monday 29th May

The training is being delivered by Professor Yori Gidron from Lille University, who has flown over especially for this. He is an expert in the field having worked on international disaster and terror responses in Japan, Nepal, Haiti and Israel in the immediate aftermath, just like now.

The training will be held at Phoenix Mills 20 Piercy Street, Manchester M4 7HY, just outside the centre of Manchester and will run from 10:00 until 4:30 on each day. It is a one day workshop so you can choose the day that is easier. To register and log your availability to volunteer please use one of the following: Email:

hello@headsupcio.org.uk Phone: 0333 012 4714

The response is being organised by Heads Up, a registered charity set up by Rabbi Dov Ben- Yaacov for exactly this purpose.

RECLAIM Project www.reclaim.org.uk

Read the thoughts of RECLAIM Project's young person, Shaneil aged 14, after a

truly shocking week in Manchester: 'Life is short, I know that now':
www.reclaim.org.uk/blog/life-is-short-i-know-that-now

Information from 42nd Street following Monday night's incident at the Arena

42nd Street has been working closely with GM Health and social care leaders to ensure a clear GM communications response to the incident at Manchester Arena. We have placed a page on our website which provides age relevant links to advice and guidance for young people, parents/carers and professionals. There is also a link to the NHS mental wellbeing advice produced in response to the incident. We are sharing key messages across social media and feel it is important that we are all sharing a message of Manchester spirit, community, inclusion and mutual support, with awareness that there is a minority who may seek to cause division and seek to promote racist ideologies as time passes.

As time passes and people need different things, we will be regularly updating this information.

This week staff have been supporting young people they work with and those who have contacted us. We are talking to all of our partners to understand what support they may need to support young people they work with.

<http://42ndstreet.org.uk/support-following-the-manchester-arena-incident-on-22nd-may-2017/>

Great Manchester Run and Great CityGames go on as Manchester moves forward

Sir Richard Leese has hailed this weekend's Great CityGames and Great Manchester Run as a sporting show of defiance, as Manchester begins to move forward from the horrific attack at Manchester Arena.

More than 35,000 runners are expected to take part in Sunday's 10k, junior and half-marathon events, in a powerful symbol of a resilient city continuing to move forward, even as it grieves after the horrific Manchester Arena attack. Many entrants will be running to raise money for the We Love Manchester Emergency Fund, which has been launched by Manchester City Council and the British Red Cross to support those affected by the attack.

All planned start times will remain as scheduled and entrants are to be sent a detailed pre-event communication by email.

Today's Arcadis Great CityGames will also be staged as planned. The annual event, which brings world-class athletes like Olympic champion long jumper Greg Rutherford and Paralympic sprint gold medallist Jonnie Peacock to Albert Square and Deansgate, is free of charge for spectators.

The Leader of Manchester City Council, Sir Richard Leese, said: "The Great CityGames and Great Manchester Run are always an important part of the city's event calendar, but they have particular resonance this year, after this week's horrific attack.

"Seeing many thousands of people taking to our streets to run together in Europe's biggest 10k event will be a potent symbol of Manchester's strength and resolve.

This city is united, it is resilient and we will not bow to those who would seek to divide us."

Brendan Foster, Chairman of the Great Run Company, said: "The Great Run Company is proud to stage these iconic events for Manchester. Our support is absolute and they will provide a platform for the city to demonstrate its resilience and togetherness."

www.manchester.gov.uk/news/article/7693/great_manchester_run_and_great_citygames_go_on_as_manchester_moves_forward

#WESTANDTOGETHER - Hallé Orchestra

All of Manchester's communities stand together in strength, resilience and love. In this most musical of cities, Manchester's orchestral musicians from the Hallé, the BBC Philharmonic and the Manchester Camerata will come together with The Bridgewater Hall for a concert in support of the families and friends of the victims of last Monday's atrocity.

Concert Details

Thursday 1 June 2017 at 8pm

At The Bridgewater Hall, Manchester

Sir Mark Elder and Stephen Bell will conduct members of the Hallé, Manchester Camerata and BBC Philharmonic orchestras

Performances by Clare Teal, Alice Coote and Guy Garvey

The evening will include inspiring and uplifting classical music, a performance by Alice Coote – one of the world's finest mezzo sopranos – as well as songs from international jazz star Clare Teal and award-winning singer-songwriter Guy Garvey.

Everyone involved with the event are giving their services free. Tickets for the concert are free, but you **MUST** have a ticket to gain

entry. www.halle.co.uk/westandtogether/