

**Do you run a mental health
peer support group?
Do you need support to grow?**



*****Mental Health Peer Support – any peer-led activity that brings members of the community together to help support each other’s mental wellbeing*****

We have a number of opportunities for **Greater Manchester’s** peer support groups.

Apply for the Peer Support Innovation Grant! Our grant is designed to support new, or smaller, peer support groups with innovative ways of introducing peer support to the community. Applicants can apply for a grant of up to **£250** towards their project, or event, in a round of funding coming soon in October 2021.

Peer Support Directory: Sign up to be included in our online directory of peer support groups, making it easier for service users to find you.

Network: Join a network of peer support groups, bringing groups together to discuss issues they face, so that we can all learn from, and support, each other.

Mapping: Let us know what groups you run to help us understand what peer support is out there, and identify gaps, so we can work on creating more support, to ensure there is support for all, and no-one gets missed.

We'd love to hear from you. Contact greatermanchester@imhn.org for more information.

www.gmimhn.org.uk