



Be our guest

Are you aged 75 or over, living alone, and finding it difficult to get out and about?

You're not alone.

There are thousands of people who wish they could get out and do more but are starting to find it hard. **We are here to help.**

“It felt like I was back in the world again.”



Our tea parties are a chance for a change of scenery and regular afternoons of conversation and laughter with friends of all ages. You will even be taken there and home again so don't need to worry about organising travel.

At Re-engage, we work within your local community to set up regular social gatherings for small groups of people and most of them are just like you - over 75, on their own, and hoping to find new ways to get out and about in a way that suits them at this time of life.

Bringing generations together



“What a difference it has made to me. I really love the company. If I had the chance, I would go every day.”

How does it work?

Small groups of people get together for social events within their community. The same group meets each month so guests and volunteers find themselves making long term friendships. Everyone looks forward to seeing each other and catching up.

Our groups usually meet on Sunday afternoons because we know this can be a lonely time of the week if you live alone. We have volunteers who host most of the events in their houses, providing a warm, welcoming environment. We sometimes meet in other venues, too, like community halls, hotels, museums and even the odd fire station!

What happens at the event?

You'll be warmly welcomed by your event host and invited in for conversation and a cuppa with the rest of the group. Our hosts will provide some light refreshments for you all to enjoy.

Our events last for a couple of hours and at the end, you'll be driven home by your volunteer driver.

How much does it cost?

This service is completely free and our guests aren't expected to host any events.

How will I get there?

All our older guests are collected from their home by a volunteer driver, who accompanies them to the event and makes sure they get home safely at the end. Where possible we arrange for the same driver to come each month so that you get to know them well and all our volunteers are vetted before they join us.

How do I know if there's a group in my area?

We have more than 800 groups across the UK and we're always looking to develop new ones. If we don't currently work in your area, please keep an eye on our website to stay up to date as we expand into new areas in the future.

How do I leave a group?

We hope you have a wonderful time with your group and look forward to attending each month. If, for any reason, you decide that you no longer want to be involved, all you have to do is let us know and we will offer your place to another older person.

I know someone who'd like to join

If you know someone who you think would benefit from joining one of our groups, we'd love to hear from you. Anyone can refer an older person to us – whether you're a friend, relative, neighbour, GP, social care professional or charity. Please get in touch using our freephone telephone number **0800 716 543** to find out more and refer a guest to us.

“I love my home very much, but it does become like a prison.

It's been the most wonderful thing that has ever happened to me. The people who've hosted me have been truly out of this world.”



When Ina's husband died in 2002, she found herself alone. Her sisters died soon after her husband, and as she moved into her 90s, many of Ina's friends also passed away. Increasingly isolated, Ina started feeling trapped in her home. One day a leaflet explaining Re-engage's work dropped through Ina's door.

To find out more please call our freephone number **0800 716 543**, email **info@reengage.org.uk** or you can visit our website **www.reengage.org.uk**

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Registered office: 7 Bell Yard, London WC2A 2JR