**Rochdale Borough**

**Heybrook, Heywood, Middleton, Newbold, Rochdale, Smallbridge, foodbanks and food Pantries**

**Please check before travel if a referral or ID is needed**

Compiled by Niall Love @02pash. Updated March 23.

Helping Hand Rochdale

<https://www.facebook.com/christopher.furlong.79/posts/pfbid0TSMZP71ydXikg37p4XenkwbJymEXuEbRE4U4YyGnGWSbh6WcFoGRpmwKUzan5Kbkl>

Contact Details - 07766 367086 - Text only

Opening Time(s) 24 hours

Helping Hand is an Emergency Food parcel service that delivers once a month across Rochdale Borough.

They also do emergency deliveries between the main delivery days. The food and delivery is free.

Humans MCR

Emergency Food Parcels delivery service and a Community Grocers delivery service.

Referrals are done online so a client just needs to ask their referral agent to email us on

info@humansmcr.org and we will send the agent the secure referral form.

1150 Rochdale Road Blackley M9 6FQ. 0161 234 0171

It’s important to point out that they are a delivery service across all Manchester City Council

Wards and Bury, Rochdale, Salford, Stockport and Trafford

Clients can access the service once every two weeks - new referral needed for each delivery.

[www.humansmcr.org](http://www.humansmcr.org)

**Heybrook**

**Family Action FOOD club.**

Family Action FOOD club. NEW

Heybrook Sure Start Centre, Park Road, Rochdale OL12 9BJ

£1.00 to join for a year. Open to all, no referral.

£3.50 for a bag of food worth approx. £15 (families can buy more than one bag).

Members must live within 15 minutes of the centre

Thursday 12.00pm to 2.00pm

Phone 01706 630712 for the centre or 07816 406 228

Email manchesterfoodclubs@family-action.org.uk

https://www.facebook.com/ManchesterFoodClubs/

**Heywood**

Heywood Foodbank,

Heywood St Vincent de Paul Society,

Heywood Baptist Church,

Rochdale Road,

Heywood, OL10 1LE

Entrance on Chapel Street

No limit on the amount of times clients can attend the foodbank each month.

Monday and Friday 10-12

Contact Details

07396071193

Info@HeywoodFoodbank

heywoodfoodbank.com

Family Action FOOD Club

Derby Street Sure Start Children's Centre

Derby Street

Heywood OL10 4QJ

£1.00 to join for a year. Open to all, no referral.

£3.50 for a bag of food worth approx. £15 (families can buy more than one bag).

Open Fridays 9.30 to 11.30.

Each member will be given a time to come and collect their food.

MUST BOOK

Tel No: 01706 369889 for the centre or 07816 406 228

[manchesterfoodclubs@family-action.org.uk](mailto:manchesterfoodclubs@family-action.org.uk)

<https://www.facebook.com/ManchesterFoodClubs/>

**Kirkholt**

Kirkholt Pantry

The Strand Community Hub

The Strand OL11 2JG

Members of the Pantry can access a weekly shop with an average value of £12 for just £4.

Thursday 9.30am – 12pm

<https://www.rbh.org.uk/how-we-can-help-you/your-local-pantry/>

**Middleton**

Middleton Central Trussell Trust

Lighthouse Project

S6b/c Second Floor

Middleton Shopping Centre

Limetrees Road, M24 4EL

Foodbank voucher required from referral agency - https://middletoncentral.foodbank.org.uk/get-help/foodbank-vouchers/

Contact Details

0161 643 1163

info@middletoncentral.foodbank.org.uk

Opening Time(s)

Monday and Thursday 11am - 1pm

<http://middletoncentral.foodbank.org.uk/>

Lighthouse Pantry

Second Floor Middleton Shopping Centre

Limetrees Road,

Middleton, M24 4EL

Weekly costs are just £3.50 for 10 items plus 4 free items of fruit or veg.

Tues, Thurs. & Fri 9.30 – 12.30

0161 643 1163

pantry@lighthouseproject.org.uk

<https://www.lighthouseproject.org.uk/pantry/>

**Milnrow**

Auntie Irene's pantry

St James church Milnrow

No need to book

People to ring us first, especially for Wednesday session

Open Wednesday 6 pm till 7pm

Sunday 12 noon till 2pm except the first Sunday of the month, open 1pm till 2pm

Contact Irene on 07870162242

**Newbold**

Family Action FOOD club

Moss Street Youth Centre / Newbold Children Centre, on Moss Street,. Newbold OL16 5NL

£1.00 to join for a year. Open to all, no referral..

£3.50 for a bag of food worth approx. £15 (families can buy more than one bag).

FOOD club every Friday from 12.30 to 2.45.

Each member will be given a time to come and collect their food.

Phone 01706 649729 for the centre or 07816 406 228

Email [manchesterfoodclubs@family-action.org.uk](mailto:manchesterfoodclubs@family-action.org.uk)

<https://www.facebook.com/ManchesterFoodClubs/>

**Rochdale**

Rochdale Trussell Trust

Foodbank Voucher

Rochdale Foodbank

14-16 Newgate

OL16 1BA

01706 713701

info@rochdale.foodbank.org.uk

Monday - Friday 11am – 12.30pm

<http://rochdale.foodbank.org.uk/>

Nigeria Community Association Food Bank.

Evidence required:- Referral Only

130b Drake Street Rochdale

OL16 1PN

Serving Black Ethnic Community with culturally appropriate food.

Food Bank 11am to 2pm

Monday – Friday

nigeriacommunityassociation1@gmail.com

Mary Adekugbe 07456136150

[www.ncaro.co.uk](http://www.ncaro.co.uk)

Rochdale Women’s Welfare Association

Evidence required Referral from services e.g social care services

18 Trafalgar Street, Rochdale

OL16 2EB

Monday – Thursday 9.00 – 4.00pm

No food parcels from April 23

01706 860157

Website www.rwwa.org.uk

KYP Community Food Pantry

Evidence: Income Benefits, Debt, Low Income, Retired, Sickness/ Illness, Job Seeking

Address: Kashmir Youth Project, Unique Enterprise Centre, Belfield Road, OL162UP, Rochdale

For £4 you can get 10 items of shopping worth £15/£20+.

Contact details: reception@kyp.org.uk , 01706 630140

Opening Hours: Wednesday & Friday 9:30- 13:30

www.kyp.org.uk

Freehold Pantry

Freehold Annex opposite Freehold TRA

Olney OL11 4LQ

Members of the Pantry can access a weekly shop with an average value of £12 for just £3.

Thursday 10am – 12pm

<https://www.rbh.org.uk/how-we-can-help-you/your-local-pantry/>

Rochdale AFC Community Trust - Dale vs Hunger food pantry

The Crown Oil Arena, Sandy Lane

Rochdale, OL11 5DR

Static Bus outside Rochdale AFC

Monday - Friday 10am - 4pm

We aim to support people to access the pantry no more than once a week, and signpost to various other community services including:

Money advice service, Wednesdays 1pm – 3pm

Pension credits advice, Fridays 10am – 12pm

Both of the above also take place on the community bus, where the pantry is.

01706 643836

Caring and Sharing Charity organisation

Caring and Sharing Community Hub

78 Yorkshire street

OL16 1JU

9.30- 5pm Mon - Fri

Contact Details: 07944238892

caringandsharing234@gmail.com, info@caringandsharingrochdale.org

<https://caringandsharingrochdale.org>

Aspire 2 Inspire Communities

Benefits letter, proof of income

1C, Regent Street. Rochdale, OL12 0HQ

07786273841

12 – 2pm

Food bank is every day on an emergency basis and the pantry is once a week.

Baby bank, baby clothes, nappies and milk but its not on every week it all depends on stock

Petrus Day Centre

73 Great George Street, Rochdale OL16 1QG

Contact Details

01706 526289

Emergency food parcels +

Vouchers for Rochdale Food Bank during our opening hours

<http://www.petrus.org.uk/>

The Roc & Rolls community cafe and Food Club

48-50 Drake Street Rochdale

OL16 1NZ

Food club is £3 for10 items

07711785131

Monday and Friday 9.30 - 2.30pm

Sanctuary trust Free Sunday breakfast. Its every Sunday 10am-12pm.

Website https://www.facebook.com/groups/336369291834061/?ref=share\_group\_link

**Smallbridge**

Smallbridge pantry

5 Stevenson square OL12 9SA

Members of the Pantry can access a weekly shop with an average value of £12 for just £4.

Thursday 9.30am – 12pm

<https://www.rbh.org.uk/how-we-can-help-you/your-local-pantry/>

Rochdale Trussell Trust

Branches Christian Fellowship (Smallbridge Methodist Church)

1 Wesley Street, Smallbridge, Rochdale

OL12 9RW

Foodbank Voucher

Contact Details

01706 655974

info@rochdale.foodbank.org.uk

Saturday 10.30 - 12.00

<http://rochdale.foodbank.org.uk/>