



Spirit of Manchester Awards 2020



A few words from Mike

For everyone at Macc, the Spirit of Manchester Awards is always the highlight of our year. It is our role, and our honour, to support, encourage and celebrate the good, useful, and amazing work of three and a half thousand local voluntary, community and social enterprise organisations and faith groups organisations in the city of Manchester. Macc helps to set up new groups, develop existing organisations, find funding and resources, and encourage, cajole and challenge the whole sector to do what it does best and then do even more and do it even better than before. We help local people to be active in their communities through our Volunteer Centre. We work with the sector to enable it influence decision making on issues such as health and social care, mental health, homelessness, hate crime, welfare advice and unemployment.

Then, 2020 comes along and everything changes.

It changed for the city, the country and the whole world. It also changed for the thousands of volunteers and community groups, charities, faith organisations and voluntary groups and for us at Macc. This is the year the chips were down. This is the year we all had to learn new things at lightning speed and adapt what we do and change how we do it. Ultimately however, we are purpose-led organisations. All of us, every single one of us, rolled up our sleeves and got stuck in. That did not change. Fundamentally, that is what we do.

During this year, two things became so much more visible. The vast and growing inequalities in our society; the exclusion of people because of race or disability or class. The other thing which was more visible than ever was the awe-inspiring power of the community organisations throughout this great city who have been so determined to make sure nobody was left behind.

That is why we run the Spirit of Manchester programme: to tell that story, to show the things that could and should be better and the people and organisations who are doing something about it.



We knew the way we did that this year would need to be different. For a start, it couldn't be about picking 'winners'. For us, the community response to COVID-19 has been about creating the biggest act of organised kindness in the history of Manchester. So there was really only one way to respond: to bring everyone together, to find a way for people across Manchester to tell that story together, to unite simply to say THANK YOU.

And though we couldn't be in the same room together, we connected people through our webcast, with lots of stories being shared in our videos, posting comments and sending in their own messages of thanks, their shout outs to friends and colleagues and allies. Somewhere along the way over 23,000 people watched either live on the night or in the following days. This brochure captures all of those stories, often in more detail than we could cover in a single evening. There are lots more stories still to tell, so if you have a story to share or you want to say thank you to someone, please get in touch.

2020 has been a dark and difficult year in so many ways. All of us have had times when it has felt overwhelming. These pages are record of how our local communities responded during the biggest crisis most of us will ever live through: through volunteering, leadership, creativity, support and collaboration.

We responded with Manc gumption and grit.
We responded by being defiantly kind.
With love from all of us x

Mike Wild,
Chief Executive
Macc



THANK YOU

PeopleofMcr

Nominees are individuals, groups and teams in the City of Manchester who have given their time, energy and skills (or combination of) to respond to the COVID-19 crisis. We want to hear about and celebrate the efforts of volunteers, good neighbours and anyone who has stepped up to help others during the COVID-19 crisis. We also want to give thanks to those that are inspiring even more people to do good in Manchester, and to everybody that has been key to organising and delivering the biggest act of kindness in our city's history.



Aceena Bibi

Since lockdown Aceena continues to volunteer to maintain consistency for a couple who had become very isolated. Aceena has been a highly motivated local volunteer with a drive to help and support older people. What really stood out for us was that Aceena continued supporting her clients during the COVID-19 crisis whilst looking after her own family, home schooling her children during the lockdown and studying! Aceena's clients could not go out shopping with her because they were 'shielding' but Aceena still carried out her 'shop and drop' role. Aceena has voluntarily helped make life better for our clients.



Wythenshawe FM Community Radio

Wythenshawe FM volunteers diligently carried out the weekly time-consuming task of producing shows from home, including continuing to arrange interviews on Zoom and other media. The audio they prerecord is uploaded remotely into the automated playout system with members of the board overseeing that that the equipment is running and maintained.



Lisa - Moss Side Power House

Lisa has given a great deal of time, energy and skills to help many organisations during the COVID-19 crisis. With the ability to respond quickly to requests for help she has demonstrated a high level of skill in coordinating and connecting people and professionals during the crisis. Lisa has always been the first to offer her time and space to ensure that donations gifted to young people in Manchester reached those in greatest need.



City in the Community

City in the Community worked incredibly hard to raise funding, negotiate, purchase and distribute technology to Manchester Young Carers, this resulted in support to over 107 young carers. This meant that Young Carers were able to engage in school work, social digital events and most importantly, remain connected to their support. CITC have also donated over 1000 items of kit to Young Carers, and other vulnerable groups in Manchester ensuring our young people know they are valued and not alone!



Invisible Cities

Millie, the Guide Support Officer, was creative and proactive in her approach to support the guides during COVID-19. Millie dressed up as a suffragette and facilitated an online session about women's history. This is just one example of how she lifted the spirits of everyone. She went on to deliver packages to guides, start a poetry exchange and offer Spanish lessons to guides interested. In addition Millie supported others with community gardening jobs and weekly phone calls to trainees.



Josephine Lange - Smithy's Bereavement Group

Josephine has gone above and beyond to help all the other members of the group which consists of 30+ ladies during the pandemic, she has been getting shopping, prescriptions and delivered meals and anything else they needed. She delivered crafting materials wool jigsaws, books etc to keep the ladies occupied so they didn't feel as isolated and lonely. She is always at the end of the telephone, she has also dropped people off for hospital appointments.



Gaddum

Through quick and decisive action, our partners at the Gaddum successfully secured funding to help some of our most vulnerable young carers and young adult carers. They went above and beyond at a time when demand on caring services were stretched, to ensure that the funding, purchase and delivery of technology quickly reached the young carers in need. This helped young carers to feel connected to others, valued and provided the means for young carers to communicate and engaged 'thank you Gaddum!'



School Council of St Peter's R.C. High School

St Peter's held weekly school council meetings throughout lockdown, to ensure all students could access the support and resources needed to take care of their mental health. A Daily Routine Planner was created to help all our pupils look after their mental health. We communicated the message to all pupils and sent a message that they're not alone, answered COVID-19 FAQs and shared useful mental health websites suitable for young people. We created a new mental health area on our Virtual Learning Environment providing links to multiple websites to help tackle poor mental health.



Jade Motram - Medlock House

Jade manages accommodation for single homeless adults. Residents have multiple and complex needs including drug/alcohol misuse and poor mental and physical health. COVID-19 increased the challenge of managing residents who identified as 'at risk/shielding'. Jade reviewed and established systems to reduce risks. Recognising the importance of supporting residents to stay at home Jade organised a charity to deliver regular hot meals. She accessed training and monitored COVID-19 guidance closely, printing and sharing new information to ensure that residents were fully informed. Jade has shown kindness and understanding and worked tirelessly to find the most positive solutions for people. Jade has won our deep respect.

The Pankhurst Trust Manchester Women's Aid

With lockdown, PTMWA were concerned about the impact upon those suffering domestic violence and abuse in the home. This was soon shown to be justified, with the increase in calls to our service echoed around the country. We knew it was vital that previously planned moves out of our refuges take place, both to ensure the wellbeing of residents moving on and to make refuge spaces available for women and families fleeing their domestic situation. However, the additional services that usually make these moves possible had ceased to operate during the crisis. We therefore secured funding to ensure that moves could be managed by PTMWA. During the pandemic, we have facilitated ten families moving on from refuge to live independently, and ten families have moved into the rooms they have vacated.



Violet Morley

I am the Father of Violet Morley who is 12 and the Veterans Programme Manager for Operation Re-Org at Groundwork GM supporting Veterans across GM. During the pandemic, our role changed and we supported the vulnerable veterans in different ways by making sure that they were safe and that they were getting the right type of support. The Cracking Good Food Company provided us with ready-made meals for vulnerable veterans. As a wheelchair user, it became logistically hard to distribute the meals however without hesitation, Violet offered to help and delivered 100s of meals weekly to the Veterans. Not long after starting this Violet was diagnosed with Bell's Palsy. This knocked her confidence but it did not stop her wanting to do this and carry on in all types of weather.



Marion Quinn - The Peter Quinn Friendship Group

Marion Quinn and her volunteers have been supporting members of her dementia friendly group through the current pandemic. Marion and her volunteers contacted group members by phone to offer support and encouragement and ensure they had someone to listen to the challenges they have faced. Listening to the needs of members, Marion applied for funding and bought ten sets of personal CD players and CD's of music that is played when the group normally meets up. These have been shared with the most in need members of the group especially those who have no family to support them.



Kate Williams

Kate has been supporting the community of older people in Levenshulme throughout the Pandemic. During early lockdown she was out there making sure that The Bread and Butter Thing could still distribute their food parcels to those who need them most. She has delivered a supportive and fun weekly radio show on All FM. Kate has also been central to the food distribution run out of Inspire delivering cooked ready made meals to those who need it most due to shielding and economic hardship and linking to Levenshulme Good Neighbours befriending for someone to talk to.



Olwyn Taylor

Olwyn has been central to supporting the wellbeing of people in her community through helping residents to get out of the house and take part in outdoor activities safely. Working with the local council to find a way for people to take part in the Debdale Bowling and Social club and the Debdale Diggers gardening group. Olwyn is looking to deliver digital inclusion sessions when the clubhouse reopens to help those not familiar with computers connect with loved ones using video conferencing and learn to access services online. Olwyn had additionally been supporting her community by making and donating face coverings to those who need them most.



Mohammed Ali - Communities For All / Khizra Mosque

Mohammed has arranged several activities and encouraged people to join in with wider projects that have been organised throughout Manchester. Examples include, community walks, community meals and contributed to a huge community led peace mural which is currently displayed at Al Khizra mosque. To this end, he has developed projects supporting a range of people from a whole host of different backgrounds and life situations. He has raised awareness of historic events with an intention to help people learn lessons from the past. I hope I have done a little bit of justice to this wonderful man and his colleagues.



Katy Safe

In the early days of the pandemic and throughout lockdown Katy was the first to offer her skills, time and access to her extensive networks to support survivors of domestic abuse accessing Manchester Women's Aid services. In the early days this involved Katy and her colleagues trawling small shops far and wide to find resources and products to keep us all safe and well, not to mention the car loads of flour, pasta, kosher and halal food. We have no idea how many miles she clocked in that first month sourcing, collecting and delivering to the door of our refuges and families locked down in the community!



Vinny Thompson

Vinny Thompson, the Community Liaison Officer at FC United has worked tirelessly to establish the FC United Food Hub. Vinny rallied other volunteers and set about creating an operational space to run a community hub underneath the main stand in the grounds of the club. Vinny sourced everything from freezers and fridges to racking and tables and called in every favour he was ever owed to get a sustainable source of food and household items either donated or provided at cost to get the food hub off the ground.



Manchester Parent Carer Forum (MPCF)

MPFC approached us about producing sensory kits for families with children with Special Educational Needs and/or Disabilities. These families wanted help with finding things to do for their children with sensory integration needs and fun activities to do at home during lockdown. The Forum was linked up to 4CT and 'in true co-production fashion' planned, developed and brought the project to life together, from start to finish. The result was a pilot which was so well-received by the children and their parents and siblings, that it was scaled up to include all children with an Education Health and Care Plan and distributed 5000 bags in partnership with MPCF and 4CT.



Ian Barker

Ian is a dedicated volunteer on the Fallowfield Loop, carrying out route-checking and vegetation maintenance to keep the route clear, leading volunteers on practical tasks along the route, reporting issues and undertaking community engagement. During the COVID-19, Ian has had to be cautious, following guidance around volunteering. Despite the pandemic Ian has found many ways to continue volunteering safely. Since March, Ian has ensured users of the Loop, volunteers/Council/Sustrans staff are aware of the issues by talking to individuals and putting up signage on the route: on one occasion attaching 52 notices along the Loop.



Barlow Moor Community Association

BMCA responded to the community through deliveries of activity packs to keep our community mentally focused and to bring some joy to people we work with. Playscheme in a bag was delivered to families across South Manchester to keep children active. Other packages included brunch and board games, cake and conversation (on the doorstep), virtual art exhibition and mini grow kitchens. BMCA also recognised that many of our community members were cut off and isolated with no means of contact so distributed tablets and wifi connectors. BMCA have responded to the needs of people by listening, adapting and responding.



Ahmidayya Muslim Youth Association

Ahmadiyya Muslim Youth Association volunteered their time and used their own fuel and vehicles to help provide support to residents in need. AMYA volunteers were compassionate and dedicated to ensuring that those who were vulnerable and in need of emergency parcels, were treated with the greatest amount of respect, consideration and empathy.



Tara Bharadia

Tara volunteers with the Good Samaritans App to help neighbours with shopping, picking up prescriptions or just a friendly chat on the phone. She has done over 1000 hours and volunteered with the Greater Manchester Combined Authority to put together Creative Care Kits for the elderly. During COVID-19 she signed up to the Coronavirus Tutoring Initiative (CTI) and was able to provide free tuition to brilliant students. In addition to volunteering Tara has funding and cooking meals for 60 people monthly and donating unwanted electronics for the homes they also support.



Keep Manchester Tidy

The Keep Manchester Tidy Facebook community continues to pursue the vision of a tidy Manchester. Thanks to our members, our streets and public spaces are much cleaner and greener and can be better enjoyed by the whole community as well as local wildlife. Despite the restrictions, our members have adapted their efforts by following new COVID-19 safety procedures and rules. They have safely continued regular litter picks along with motivating others to litter pick individually or to start new small groups. Members deserve recognition because they show how people can give back to the community, particularly during these current challenging times. Thank you everyone for helping to keep Manchester Tidy.



Healthy Me Healthy

Communities Volunteer team

HMHC volunteers have been an integral part of HMHCs COVID-19 response, demonstrating their warmth, kindness, and care for those in their communities throughout. The Befriending service which was set up to support our most isolated members during lockdown; volunteers provided essential wellbeing support through weekly phone calls and signposting members to services. Despite COVID-19 regulations restraints, our volunteers have worked extremely hard to ensure that all members have a good experience when attending through warmth and patience, tailoring food bags, and ensuring members are accessing health and wellbeing support. Self-isolating volunteers have assisted with logistical organising from home and referring isolated residents into the project.



MANCHESTER WOMEN'S AID

Imran Ali

Imran volunteers his time to deliver food across the city of Manchester. Imran is selfless and dedicated to helping residents within the city ensuring that nobody is overlooked or left hungry. An example of such, Imran encountered a gentleman whilst out doing parcel deliveries. The gentleman was a war veteran and had underlying health conditions. Imran out of his own time returned to visit and assist him the gent and secure the support package needed. Thanks to Imrans caring nature the gentleman now has a support package in place that he needed.

Manchester Women's Aid housekeepers

Throughout the pandemic, the housekeepers worked unstintingly to keep their colleagues and the many vulnerable families safe. Working closely with domestic abuse workers they kept our Refuges and the Pankhurst open by taking ownership of enhanced cleaning routines, the organisation and distribution of PPE and crucially the communication of the importance of handwashing and social distancing to everyone who crosses the threshold. They disinfected flats to an inch so that families at risk of domestic abuse can flee quickly to safety. All with smiles and solidarity, with humour and in sisterhood. They have our deepest respect and we think they are our front line, essential, heroes!



Scott and Alexis - 42nd Street

Scott and Alexis led our online response to supporting young people with their mental health and wellbeing during COVID-19. They have gone way above and totally beyond. The online team have dealt with some really complex, upsetting and difficult situations. Not only have Alexis and Scott directly supported these young people but also supported the whole team and colleagues from different organisations, helping them adjust to new ways of working at a time when many of them were feeling isolated, unsure and alone as well. Available around the clock, they put on training, wrote guidance, even organised a gong session to help the team relax. Without them over 250 young people that have been supported might otherwise have had nowhere else to go.



The Victim Support Greater Manchester Volunteering Team

During COVID-19 our team of steadfast volunteers agreed this would not deter them from playing their part in offering a vital service during a time of national crisis. Using digital technology they continued to offer support and it actually enabled them to pick up more cases as the crisis unfolded. Our volunteers continue to offer a wide range of support to victims of crime from making food bank referrals to offering one to one support and coping strategies or advocacy. Our volunteers have improved outcomes for many and continue to offer this support throughout. Some of our dedicated volunteers have been supporting multiple people at a time and stepped up to taking more as required. COVID-19 changed how we work within our Victim Support volunteer team but does not alter our determination to support victims and witnesses of crime.

Mutual aid groups



Following lockdown, a number of local groups started forming across Manchester that were organising support in response to the threat of COVID-19. These groups are often called mutual aid or mutual support groups.

These groups come in all shapes and sizes. Some are organised on Facebook, some are organised offline through leaflet drops and knocking on doors. However, despite their differences they all have one thing in common: these groups organised, and continue to organise, essential support, and have played a crucial role in Manchester's response to COVID-19.

From everyone at Macc to everyone involved with mutual aid or mutual support groups, thank you.

THANK YOU

Food and Supplies

Please tell us about organisations/individuals who processed the distribution of food and supplies. We are looking for examples that tell us: what they did, who they worked with, how they organised it, why they responded to particular community needs and how they went above and beyond



Mustard Tree

Mustard Tree utilised their furniture collection vans to distribute 100 food parcels daily to those most at risk of COVID-19. Since the outbreak, their priority has been to safely support clients, particularly to access food. The community shop became a makeshift picking and packing area, supported by Mustard Tree's staff and volunteers. After delivering food parcels to their own clients, Mustard Tree also began delivering on behalf of Manchester City Council, Northwards Housing and the Boaz Trust.



Hickory's Smokehouse

At Hits Radio Cash for Kids, in response to the impact of COVID-19, we launched an emergency Appeal in April to help provide food for vulnerable families. Hickory's Smokehouse immediately reached out to help us, despite having had to close the restaurant. Over seven weeks, they hand-delivered food parcels to the families we work with. In total they donated £10,500 worth of meals, helping an incredible 840 children. For the families helped, this year has pushed them even further into poverty and a meal from Hickory's is a luxury they simply can't afford. They were more than just meal parcels, they were hope that things aren't always going to be like this and that someone in their local community cares.



Feed My City

When lockdown occurred there were concerns how our elderly and vulnerable residents would be able to source hot meals as they were having to self isolate and some didn't have a support network. Feed My City were an organisation who provided delivered food free of charge across the North Manchester area. I contacted Feed My City and agreed a drop off point the next day where over 100 meals (chickpea curry and rice) were delivered across the Northwards Housing retirement schemes. Over 1200 free meals were providing vulnerable residents with a wholesome hot meal a couple of times a week which they appreciated and looked forward to.



Fallowfield and Withington Foodbank

During the pandemic the foodbank continued to run twice weekly sessions. Working with the council they were able to take referrals from the Response Hub responding to the needs of the local community and in particular older residents and those living in supported accommodation. In addition they supported parents who had been failed by the Free School Meal voucher scheme. Many parents in the local area did not receive vouchers to which they were entitled. In response, the Foodbank stepped up and helped out families, through direct referrals and voucher codes. This ensured vulnerable families who were otherwise facing even greater food poverty during this crisis were helped and supported, and did not go hungry.



Barakah Food Aid

They were life savers to the care navigator team during the height of lockdown. Manzoor did an amazing job before COVID-19 and continues to even when the pressure became intense during this time, they helped us by creating and delivering food parcels for so many individuals across Manchester, not just with food but with toiletries too. Even if they had closed or we had last minute emergency Manzoor would go and get supplies himself! Manzoor and his team are real life super heroes!



Gorton Corona Helpers- Reverend Craig Smith

Reverend Craig Smith responded to the crisis though setting up and co-ordinating the Gorton Corona Helpers mutual aid group. With the support of local residents, Manchester City Council, Buzz Health and Wellbeing, Gorton Oasis and the local Age Friendly Network. The group delivered leaflets through the doors of residents homes with information about how to access support. Everyone in need including those who do not have access to the internet in Gorton have been able to receive support with food parcels, groceries and signposting to support services. Residents in need of a chat have also been able to talk to someone to receive support during this difficult time. Reverend Craig has acted a central point of contact for local residents to contact by phone and his home has become a hub for food deliveries.



Edo Diaspora UK

Edo Diaspora provided African food to hundreds of families within greater Manchester and beyond during COVID-19. They offered home deliveries to single mums and others that were shielding and couldn't come out to assess the food bank. African communities were left out to eat whatever food they could get during the COVID-19 period but Edo Diaspora UK took it upon themselves to provide the African foods they love and wanted. This they have done through the pandemic and is still ongoing, they are simply the best. Wonderful team members, great service.



Alison Spencer

Alison, a local volunteer, wanted to help families who may struggle to afford supplies and so set up Merseybank Uniform donations. Partners supported the scheme with new school uniform donations for mixed ages. Co-op, Southway Housing Trust and Morrison's supported Alison in her venture and could see that she was trying to help those in need by lessening the burden for families who may have been anxious about affordability for their children's uniforms. Alison also worked closely with local people to ask for any donations and used social media to get the information out. Since the lockdown, Alison has heard of many families that have struggled financially, so wanted to make a difference to her community.



Sheikh Nazim Helping Hands

It became clear that we needed a COVID-19 safe way of sourcing and delivering food and supplies. We turned to Sheikh Nazim's Food bank for help and the response was both generous and immediate. Attracting donors and funders to ensure a regular supply of fresh, culturally informed foodstuffs. Sheikh Nazim's volunteers very quickly devised a system whereby survivors in refuge were able to request items that "personal shoppers" sourced and delivered to their door. This meant that few, if any, of our families needed to venture out in those early weeks and months, significantly reducing the chance of infection. Knowing that this service was in place and running so smoothly allowed our domestic abuse staff to focus on meeting the escalating demand for domestic abuse advice support and guidance.



FC United Food Hub Volunteers

Over 35 volunteers have worked together, packing groceries, household essentials and delivering the food parcels to service users. The volunteers have been critical in maintaining the social contact with the recipients of the service, for many being their only contact as a number have no direct links to family or friends. Partner organisation volunteers have assisted and provided support/signposting to appropriate opportunities. The Hub is now recognised as a critical resource in North Manchester bringing both social and economic wellbeing to the residents it serves. The demand on the food hub has increased on a weekly basis and the likelihood of a second wave and the growing number of families now accessing support who are now in a severe economic crisis is increasing.



Open Kitchen Manchester

Open Kitchen Manchester went from working as a street food pop up, utilising waste food from restaurants and supermarkets to organising a team of chefs to prepare huge numbers of meals, still using food that would otherwise go to waste. These meals were healthy and delicious and packaged so that they could be readily heated up and eaten by the poorest and most vulnerable people, working with Manchester City Council as part of their emergency provision. Volunteers were coordinated to pack the meals along with healthy snacks and distribute them. From sending out 757 meals a day in the first week, they ramped up production and by the end of August had sent out over 130,000 meals.



Jane and Les Chadfield

Jane and Les supplied food across Newton Heath (and wider) for families, older people and vulnerable/shielding adults. Sourcing food and essential household items they delivered these to people in need. Jane and Les scoured cash and carries, food wholesalers and made up parcels of everything from potatoes to nappies! As the weeks went on they revised their service to focus more on the vulnerable/shielding people in their community - they made and delivered meals and food boxes to those who could not go out shopping or to those families struggling financially. Jane and Les continued their remarkable food provision by supporting playschemes across East Manchester - supplying 100+ packed lunches and 100+ food bags everyday.



Miles Platting Savers

The Miles Platting Savers distributed food and sanitary parcels to those who were unable to go out and had little or no support. They designed a poster which was shared and circulated widely giving an opportunity to reach as many people as possible. They also offered a listening ear to local people. I have no doubt that this is the extra touch that so many people needed during such uncertain and challenging times. The Miles Platting Savers care so much about the people in the community and this is clear to see. Above and beyond is consistent with everything that they do and I want them to know how wonderful they are.



Myriad Foundation

Myriad Foundation based in Levenshulme and in normal times run a food bank twice a week. As COVID-19 struck they teamed up with Levy Corona Helpers and Levenshulme Inspire to distribute food to people both locally and further afield. This was all done in a voluntary capacity. They were really good at supplying culturally appropriate food. They took referrals from far and wide and had constant positive feedback about what they had done.



Levenshulme Inspire

Levenshulme Inspire got together with Levy Corona Helpers, Inspired Peoples Project and Levenshulme Good Neighbours to work out how they could meet the needs of the older people in the community. They provided a picnic afternoon tea to 75 residents to celebrate VE day. The Inspired People's Project produced a radio programme once a week to help keep the older people connected with each other. Inspire café made 600 hot meals a week delivered to older people in their homes by volunteers. Each person had six healthy meals a week they could heat up at home. The volunteers delivering were able to have socially distanced conversations and check on their wellbeing. This has been a true community effort and made a difference to so many older people during this period.



Oasis Centre and St. James Church

The Oasis Centre and St. James Church worked tirelessly for the people of Gorton and Abbey Hey during lockdown. Providing food parcels for the vulnerable members of the community they have been able to work together to support the people who would normally attend Oasis as well as other people who were isolating or isolated. They provided activity packs and offered phone calls to help reduce mental health issues and were on hand to provide remote crisis support as necessary.



Cracking Good Food

Cracking Good Food cooked and distributed 100s of nutritious meals. These included deliveries of stews and curries to the Manchester Community Response Hub, 25 chicken dinners to elderly people self isolating in Gorton and provided meals to Revolution Youth, who worked to make sure no child goes hungry in Wythenshawe, Northern Moor and Sale



Fareshare

Since COVID-19 outbreak, tripled the amount of food delivered to charities and are now providing the equivalent of three million meals a week, an estimated two thirds going to children and families.



Rainbow Surprise

When COVID-19 and lockdown occurred in March, Rainbow Surprise immediately got involved to help our most vulnerable residents. Literally going the extra mile providing thousands of food parcels across North Manchester with determination and energy. Working seven days a week with a dedicated team of volunteers and continuing to fund raise and work with local businesses to secure food supplies. Salford Van Hire provided them with a vehicle for a month. It has been an honour working with Shabnam and everyone at Rainbow Surprise during this most challenging time. Thank you to everyone involved including the volunteers and the suppliers who have donated food and other items to help those in most need.



Louis Beckett - Miners community Arts and Music Centre

Louis Beckett and Miners Community Arts and Music Centre, through funding from Forever Manchester, has been providing free food parcels to vulnerable local residents throughout the COVID-19 pandemic. With local residents afraid to leave their houses during the pandemic there was a need to provide free food parcels. We knew some residents were large families with lots of children and on benefits and could not afford to shop during this unprecedented time. A lot of residents were single parents and OAP's who said the food parcels were a godsend during this pandemic.



Manchester Refugee Support Network

MRSN staff members and volunteers were able to rapidly upgrade and broaden the already running Destitution Project. It now runs drop-in sessions to help- not just destitute asylum seekers- but all refugees and asylum seekers who were experiencing hardship because of the uncertainty of COVID-19. The project has managed to ensure more than 50 clients to get care packages delivered. The Destitution Project is a success because of the work of many staff members and volunteers, but Jennifer is the head of it and is really the main reason behind the success. Jennifer goes above and beyond in order to ensure the wellbeing of so many of Manchester's refugees and asylum seekers who are hovering far too close to the poverty line.



Ardwick and Longsight Mutual Aid Group is grateful to have volunteers and partners to the left of our transition, continuing to help support us through the challenges of local living during the pandemic.

Ardwick and Longsight Mutual Aid Group

Ardwick and Longsight Mutual Aid Group established in the response to the global pandemic. Due to the diversity of the neighbourhood there was a need for culturally appropriate food provisions which wasn't being met. In its 19 weeks of operation, 400+ food parcels (designed to last a family a week) went out to feed 147 households, ALMAG also provided 200+ hot meals per week for people who were unable to access cooking provisions. The group was supported by Cllr Amna Abdullatif and Buzz Health and Wellbeing service. Volunteers ran a food aid support line 10am-3pm which also acted as a signposting mechanism into wider health and social care services.



Marcus Rashford

Marcus Rashford for his successful campaign to ensure all children on free school meals continued to be fed during the school holidays. Marcus used his personal experience to highlight the important issue of family poverty and holiday hunger. He spoke with gratitude for his mother and the community in Wythenshawe who supported him throughout his childhood. He has gone on to become one of the most high profile campaigners against child poverty providing clarity, leadership and a sense of urgency to this pressing issue. Image: Marcus Rashford's Facebook

Inspiring Leadership

Nominees are individuals who have shown strong, inspiring leadership during the pandemic. A leader can be anyone – not just those who hold senior positions within organisations. Definition of a leader: A leader is someone who can see how things can be improved and who rallies people to move toward that better vision. Leaders can work toward making their vision a reality while putting people first. Leaders need to be empathetic and connect with people to be successful.



Saif Khan

In March more than 450 medical students stepped forward to support NHS workers while they tackled the pandemic. Called the Manchester National Health Supporters, the students provided help to NHS workers including support for collecting groceries, babysitting children, pet walking and staffing the receptions at GP surgeries. The idea originated from Saif Khan, a fourth year medical student at University of Manchester, after he noticed local health professionals posting on social media about balancing home life with work commitments.



Tahir Abbasi - The Pakistani Resource Centre

Tahir has worked continuously throughout the COVID-19 pandemic from The Pakistani Resource Centre office. Tahir has shown great leadership in organising funding to support people from BAME communities with a 1-2-1 support service over the telephone. Tahir is very knowledgeable in the benefits system and works tirelessly explaining and advising to our service users in both English, Urdu and Punjabi. He goes above and beyond when needed. He has maintained a safe socially distanced work place for our team and regularly goes out to service users to collect paperwork in order to support them with their queries. Putting service users needs first, Tahir has ensured our services have continued to run despite the circumstances, easing distress, anxiety and isolation.



Mrs Wendy Smith

Wendy is an inspirational leader of the Smithy's Bereavement Group founded in 2015 in memory of her late husband Dave. Many members are living on their own and feeling isolated and lonely. The group is a lifeline for them as they can meet like-minded people who are experiencing similar feelings and emotions. It has been extremely difficult for members this year, since the nation had to go into lockdown members have felt more isolated and lonely than ever. A WhatsApp group and Facebook group were set up for everyone to communicate with each other. Wendy has set up a photography competition these with compiling a book based on the members' personal stories to keep everyone engaged.



Belay Kashay - Manchester Refugee Support Network

Belay has been a central part of MRSN since it was first opened 25 years ago. Belay has managed to not just ensure MRSN survived the COVID-19 crisis, but actually come out the other end stronger. He found funds to employ more staff members, overseen the launch of several new projects and services that have had amazing effects on the quality of lives of so many of Manchester's refugee and asylum seeker community, and managed to make the MRSN team (all of its staff and 40+ volunteers) feel closer and more like a family than ever. During COVID-19, MRSN was able to grow as a service and actually find ways to still support hundreds of refugee and asylum seeker clients.

**PANKHURST
TRUST**

Uzma Ansari - Manchester Women's Aid Big Lottery Sahara BAME Women's Service

Uzma has shown incredible leadership skills throughout the pandemic, calmly and with determination taking the lead in ensuring the vulnerable Asian, Black and culturally diverse individuals and families that we work with have been kept informed, involved and supported throughout the lockdown. Working collaboratively with voluntary and private sector colleagues she has organised food deliveries, and practical and emotional support for survivors. Uzma has facilitated volunteer translation and interpretation services ensuring BAME survivors of domestic abuse had up to date information on COVID-19 and the availability of other support services locally.



Val Bayliss - Brideaux

We nominate Val for demonstrating true leadership during the COVID-19 pandemic. When there was no support for people who had experienced and survived COVID-19, Val used her initiative to start a support group and gave the service users three things:

1. Validity - valuing their experience and listen to what they were and still are going through.
2. Adaptability - space to start where they were at and adapt to their new normal.
3. Listening ear - listening to what people were going through, she relayed this back to services and engaged GP's and other health professionals into the forum.

Val is just outstanding, as she does the ordinary, extraordinarily well, without bias, with care and with total respect for others.

Creative community Spirit

Nominees are local individuals or groups who have developed a creative outlet or project to inspire hope and unity during the COVID-19 crisis. Open to anyone who used a form of art or creativity to support others and the community around them during the pandemic



Booth Centre Community Volunteers

Our Community Volunteer team was involved in devising, compiling and delivering art activity packs designed to keep vulnerable people connected, feeling supported and meaningfully occupied during the COVID-19 crisis. Around 60 packs were put together on a make shift production line in our upstairs room, with over 500 arts activities packs going out in total. They were sent to hotels, B&B's, hostels, supported projects and to the homes of vulnerable people across Manchester. Whilst we assisted the council in accommodating over 300 people once the 'everyone in' directive came from central government, the aspect that is often overlooked is the overall wellbeing of the person, which is why they came up with the plan of the activities packs.



The Horsfall Centre - 42nd Street - Rod Kippen

To help young carers during the period of isolation to feel connected and share their caring experiences, Rod and his colleagues created the Manchester Young Carers Photography Project. The project allowed young carers to journal their experiences of caring through a series of photographs, helping young carers to highlight their role, express their wishes and feelings and feel connected in shared experience with others. This creative project certainly inspired hope and unity to young carers in Manchester the impact and insight will extend well beyond the COVID-19 crisis. We are truly grateful to Rod and his team for their efforts and swift coordination and promotion. Thank you.



Manchester Carers Centre - Young Adult Carers Support

Manchester Carers developed crucial telephone and online support to young adult carers, ensuring they were listened and responded to in their time of need, arranging practical help. Manchester carers also developed online support social groups and fun activities to ensure young adult carers in Manchester had some time to relax, spend fun time with friends and take a break from their caring role. In addition to this, Manchester Carers have helped young adult carers to focus on the next steps working with their education and employment providers. They are truly worthy of this thank you and recognition.



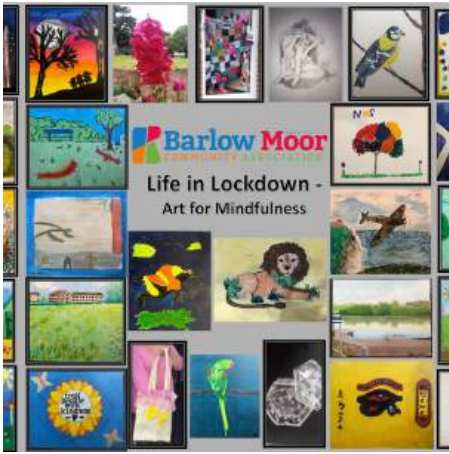
Venture Arts

Venture Arts is a visual arts charity based in Hulme, supporting, developing and raising the profile of artists with learning disabilities. When lockdown happened, they moved incredibly quickly to set up online. Many of their artists had to shield, but all the artists continued to be supported in a variety of creative ways. Artist Tutors have been delivering online tutorials covering a range of art projects. The tutors have delivered clay, paint, pencils, fabric, easels and even iPads to the artists' doors across Manchester to ensure their creativity and artistic practise did not have to stop because of lockdown and it certainly hasn't!
Image credit: Leslie Thompson



The Proud Trust

The Proud Trust created a Young Carers Online Support Programme for an established Young Carer Group at a Manchester High School. Although the Proud Trust primarily work with Young LGBT+ people, in response to the need of Young Carers, this support programme was open to all young carers attending the group, including those who do not identify as LGBT+. The project allowed young carers share experiences of caring, express their wishes and feelings and feel connected in shared experience with others. Crucially the programme helped young carers to feel connected, valued and listened too as well as having fun. This creative project certainly inspired hope and unity to young carers in Manchester, the impact and will extend well beyond the COVID-19 crisis. Thank you.



Barlow Moor Community Association

During the COVID-19 crisis BMCA worked with local community members to express their creative skills through intergenerational postcards designed by our Young People, Grow Bags to enable individuals to grow their own herbs and vegetables and our own remote Art Gallery. Individuals were given the option to take part in our creative pieces during the pandemic to help promote positive mental and physical wellbeing. Through our Art Gallery individuals created art pieces that expressed their thanks to the NHS, painted images of local parks and shared positive messages to others during this difficult time.



Manchester People First

A self advocacy organisation run by and for learning disabled people in Manchester. At the start of lockdown the group purchased 23 tablets for group members and have offered weekly sessions on a Tues, Weds and Thurs. Offering arts craft and creative things on a Tuesday, guest speakers on Wednesday and exercise, film reviews and quiz on Thursdays. Currently offered over 60 sessions to regular group members and stay in contact with members who do not want to use zoom via a phone call at least once a week. They also continue to consult with larger organisations by filling in their questionnaires or inviting them onto the Weds zoom sessions to speak with learning disabled members directly.



Stitched Up

Stitched up created new weekly video tutorials teaching people how to upcycle, mend and alter garments to combat fast fashion during COVID-19.



HOME and Venture Arts

AMP (Accessible Music Productions) is run by HOME, in partnership with Venture Arts and generously funded by Young Manchester. It brings together music lovers and makers aged 18-25 with different abilities and additional needs. At the start of lockdown, the team quickly decided to move the sessions online, offering shorter and more frequent workshops to support and better meet the needs of the participants. Venture Arts were also able to provide some individuals with IT equipment and support. This format offered a new platform for members to engage, share and develop as artists. Since lockdown, they have held ten workshops and compiled ten playlists to help participants connect via their favourite music. In addition, four disabled musicians have been provided with paid performance opportunities.



Top Of the World Project

The project has supported some of Hulmes most isolated tower block residents. Being on-hand to help people access housing, Universal Credit, and welfare support. From early on they started regular activities outdoors including balcony Bingo, exercise classes and singing. They successfully applied for funding for phones for residents and provided one to one support using them. They set up a creative writing group over Whatsapp which has proved very popular and has allowed residents to interact and share experiences. From the outset, Top of the World has been consistently on hand for any type of support people require and has been integral in helping residents stay connected with others and to maintaining their wellbeing.



Gorton Visual Arts

During the COVID-19 pandemic Gorton Visual Arts have developed a project to help maintain the normal routine of their core group and help combat the negative effects of lockdown on their wellbeing. Packages with art materials were posted to the core group alongside stage by stage instructions of art projects for them to take part in alongside a continuing program of projects for participants. Gorton Visual Arts have worked with partners from Buzz Health and Wellbeing, Levenshulme Inspire and One Manchester to purchase further art packages and include additional residents in need of support. Currently over 100 residents are being supported and the project has helped immensely to keep them active and maintain their personal health and wellbeing.



Great Minds Together

Absolutely phenomenal support for families that fall between the gaps. This organisation go above and beyond the call of duty for vulnerable families. They support children with additional needs, mental health needs and families that are in financial hardship. They work all hours, and are creative in their approach to ensure the families have all the support they need. They work with other agencies, organisations and services to form a true working together approach and to a lot of families, they are a life line.



Geraldine Hills and The Parent Champions

We'd like to thank Geraldine Hills and the Parent Champions for their shared effort in offering peer to peer support to other parents of SEND children and young people at a very difficult time. During COVID-19 Geraldine was an inspiration, continually lifting the spirits of the parents on their shared Facebook Page. They used coded morning 'check in' to make sure everyone was okay! They reached out to any parents who indicated they were not coping. They shared key info, where's best to do a quiet shop, daily workouts, yoga, how to crochet, recipe ideas, getting good SEND info to parents etc. Geraldine and The Champions have been a lifeline. This is a massive thank you for all the hard work, the ingenuity, and energy you have shown throughout!



Europa Art Collective

Throughout the COVID-19 pandemic, members of the Europa Art Collective (EARTS) have been leading creative projects aimed at European communities across Greater Manchester. Magdalena Kij produced two videos with separate Polish and English commentary on how to make reusable and single use face masks with filters. Iwona Torovin-Borowicz and Anya Mikolajczyk each organised Zoom art workshops for Polish and Lithuanian community members focused on art and health, encouraging participants to visualise their dreams and desires through collage with simpler versions of the activities for children who were participating. Professional artist Iwona Torovin-Borowicz led a step by step tutorial and Q&A on how to paint with watercolour, helping participants create their own paintings.

Trustee Board

Trustees ensure an organisation is run effectively, safely and is always driven by its purpose. During this time, the role of trustees has been especially challenging: adapting to new circumstances and new ways of working, making difficult decisions balancing the need to respond while thinking about the long term in circumstances. Whether your trustees have rolled up their sleeves and helped out with the day to day response or focused on supporting staff and volunteers or making sure the organisation is planning for the future, we want to hear about how trustees have helped their organisations respond to the crisis.



Better Things Board of Trustees

Throughout the COVID-19 crisis and lockdown Better Things has continued to operate albeit remotely and in different ways. The Board of Trustees have both supported staff and volunteers throughout. They have got involved with online delivery and how the charity has worked to support people with learning disabilities on a day to day and individual basis. Taking a proactive approach to keeping people connected and supported while ensuring the sustainability of the organisation. As a small charity our work has been impacted and capacity to fundraise deeply affected. The Board of Trustees have been consistent that the aims and objectives of the organisation be maintained and met in the most imaginative ways while being mindful of the mental health of participants as well as staff and volunteers.



Venture Arts Board of Trustees

Our Board of Trustees have worked tirelessly to support Amanda, our Director and the wider team during the pandemic. As soon as lockdown was announced they adopted an 'all hands on deck' approach.

PANKHURST TRUST

Sally Hobbs - Pankhurst Trust Vice Chair of Trustees

Sally has been involved with Manchester Women's Aid and the Pankhurst for decades. During the pandemic Sally literally rolled up her sleeves and got stuck in. She took on the task of encouraging local authorities and housing providers outside of Manchester to resume lettings for families in Manchester Refuges, something that just felt beyond our reach and capacity at the time. As part of Pankhurst Queen Bee Coaching, a volunteer-led service, Sally committed to support women leaders as they faced the twin challenges of a global pandemic and recession by organising a series of inspirational online talks. The talks were a tonic for the mind and soul during the darkest moments of the COVID-19 outbreak and a fabulous amount was raised!



Yaran Northwest CIC Board of Trustees

Our Board of Directors/Trustees have ensured that our organisation is running effectively, safely and always driven by its purpose. During this time, the role of Trustees has been especially challenging: adapting to new circumstances and new ways of working, making difficult decisions balancing the need to respond while thinking about the long term in circumstances. All our team members have rolled up their sleeves and helped out with the day to day response and focused on supporting each other as well as volunteers and local residents making sure the organisation is planning and prepared for the uncertainties of current times and future.



Wythenshawe FM Community Radio Board

The Board continues to support the activities of the presenters, technical support and offer support to the workers. The volunteer Board members protect the integrity and legality of the body of volunteers - a champion group.

Equalities

The work must have taken place in Manchester within the last 12 months. Nominations must show how they address equalities issues and challenge discrimination – working on one or more of the following issues: race, disability, sex/gender, gender identity, sexual orientation, age, faith or other issues for which people experience discrimination.



Greater Manchester LGBT Social Support Network

GM LGBT Social Support Network Tirelessly raise awareness of services, promote equality and encourage acceptance of LGBTQ+ people and allies across the region and support individuals/projects itself through funding. They organised three Prides, as well as supporting others, sponsored BeProud Weekend, MissManchester, Don'tBlameJack (film), as well as supporting empowerment activities and contributed to research and providing guidance to various others to better the lives of the LGBT population and improve services. Throughout lockdown, most services shut down and the network has been able to offer financial and wellbeing support and food.



Manchester Poverty Truth Commission

The group used lockdown to raise awareness of the reality of poverty through a campaign. Alongside poverty itself, the campaign included personal experiences of disability, chronic illness, exploitation and mental health. The campaign generated over 50,000 impressions on twitter with two short-films being played over 3,000 times. The campaign gave people a connection between stresses caused by lockdown - helping to understand that many people have always had these worries and problems surviving. The campaign started with recognising what 'should never be normal' and then focused on all the positive things achieved during lockdown.



Europia

Supported EU nationals during COVID-19 with advice, wellbeing and welfare services. Including translations in EU languages about Government and NHS guidelines.



The Proud Trust - Virtual LGBT+ Centre

Developed a 16 week virtual programme of delivery from LGBT+ Centre to ensure that service beneficiaries remained engaged and supported during lockdown.



Heba Ahmed

Heba was the 16 year old from Ancoats who organised Manchester's Black Lives Matter protest in Manchester on 6 June. The protest was attended by thousands and was organised from her Instagram account. The protest was reported around the world and is an amazing example of grassroots community organising. Manchester is lucky to have young people like Heba Ahmed living In our city providing the leadership we need. Image: WOW



Task Group for Manchester Histories DigiFest 2020

Two day digital festival full of creativity, conversations, story sharing, exhibitions, music, films and more. It celebrated, provided learning and challenged the legacy created by the 50th anniversary of the Chronically Sick and Disabled Persons Act (1970). That this milestone was marked in Manchester was particularly fitting given that Lord Alf Morris, who pioneered the legislation, was born in Manchester and served as MP for Wythenshawe for over 30 years. Broadcast live from Manchester's Central Library on 4-5 September 2020 the DigiFest was inclusive, accessible and free for all. The impact of Covid-19 on disabled people, particularly the increase of discrimination and intersectionality, especially Black Lives Matter featured throughout.

Business

This category is open to anyone who would like to thank a business for their support during the COVID-19 crisis. This support could take many forms and this category will look at what the business offered to help the local community, what impact it had and how their support showed community spirit.



AROUND THE BOX

Around the box

This company launched during COVID-19 and their spirit is second to none. For every box purchased you can donate a box to a hospital of your choice and bring families that are going through so much, so much joy and quality time. The idea is creative and innovative and truly inspiring. The story behind this organisation forming is heartwarming.



Zappify

Keith Robinson and Paul Smith of Zappify have given their time generously to help local independent salons and hospitality businesses in the re-opening period since 4 July. The pair swiftly developed a free track and trace system called Cov-ID to comply with suggested Government regulations, using their Zappify contactless mobile phone technology. There are over 150 business using the free system, and 25,000 registered consumers. The Cov-ID system is still growing organically through word of mouth. Keith and Paul have invested their time and resources to create and without any financial gain. They are proud to have done something to help smaller businesses that have been hit hard by the shutdown and fully deserve some recognition for their sterling efforts.



Arval UK

Arval UK offered the loan of a car or small van free of charge to charities who needed it to deliver services to the Greater Manchester community during these difficult times.



Darkstar Services Ltd

Darkstar Services Ltd offered free professional support to the voluntary sector around how to 'go digital' and how to access free useful resources that they may not have been aware of to support this.



Manchester Football Clubs

Rival football clubs Manchester City and Manchester United came together to donate £100,000 to The Trussell Trust. The charity will use the £50,000 from each club to boost its 19 food banks in Greater Manchester. Fans' groups at Liverpool and Everton also pledged £3,000 to the fund.



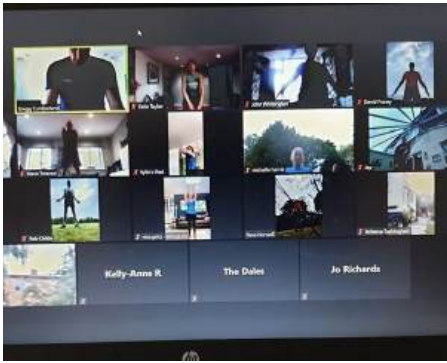
The Old Abbey Taphouse

The Old Abbey Taphouse, an independent pub in Hulme, ran a pay-as-you-feel meal scheme with ACORN Manchester during these difficult times. The Taphouse commented, 'As a social enterprise we are here to serve the community. That's why together with ACORN Manchester - Union for the community, we are delivering meals to those who are especially vulnerable during the coronavirus pandemic.' They urge people to 'Support your independents. Support your community. Be kind and stay safe.'



Tesco, Asda, M&S, Costco - via Dr Haider

Dr Haider delivered over 450 care packages to staff working in the public services who have been living in hotels during the COVID-19 lockdown. He visited police officers, firefighters, nursing homes, pharmacies and NHS staff to deliver food, toiletries and treats. Dr Haider started by using his own money but as demand grew Tesco, Asda, Marks and Spencer and Costco all participated donating toiletries, food and clothing. In each package he attaches a note saying thank you, and giving his phone number so the staff can text or call if they someone to chat to.



Be Military Fitness

Be Military Fitness Manchester's military veteran instructors have been running daily training programmes since lockdown for over 200 participants in Manchester and have offered free sessions to veterans and all workers with the NHS. They have also been delivering a free weekly online chat for more vulnerable and isolated individuals, which has proved invaluable to many veterans and NHS staff, in particular veterans who are suffering with mental health issues and isolation and loneliness during lockdown. In addition they have produced 28,000 visors, made by a team of 65 volunteers led by firefighter Dave Pike and supported by Tony Prescott from the Hamilton Davies Trust.



Tibetan Kitchen

Chorlton Bike Deliveries offer car-free deliveries for local residents, independent traders and charities. They have been delivering food for the Tibetan Kitchen, which provides free cooked meals for vulnerable people in Whalley Range and Moss Side on a Thursday.



Beijing Construction Engineering Group (BCEG)

BCEGI the international arm of the Beijing Construction Engineering Group (BCEG) have been working with BW3, who support the economic and social wellbeing of Wythenshawe. They have made a large donation of resources and purchased the Woodland Trust swatch guide books for local children. BCEGI comment, 'We discovered this opportunity from BW3 of the NHS 'Start Well, Develop Well' team designed to help vulnerable children and young people who are stuck at home or in a care setting. We believe this is a great way to support and give back to the local community, so we donated arts and crafts materials for children's activity packs which will be distributed to vulnerable families across Manchester.'

Spirit of Manchester Fund

Macc is raising money for Manchester's community response to coronavirus.

Please help us raise as much money as we can to help people of Manchester who need vital support to recover from the pandemic. We are asking you to take action to help those in need. From vulnerable and older people, to local foodbanks, and mental health support groups, contribute to help your community in Manchester.

By donating, you can help a community group in Manchester support local people.

Your donation could help to:

- provide companionship for older people to prevent them from feeling isolated
- deliver food parcels to even more families through a local foodbank
- provide an advice and wellbeing workshop for new carers
- run an online support group for young people who have experienced bereavement
- provide counselling for a woman who has survived domestic abuse

To donate

Local Giving - <https://localgiving.org/charity/macc/project/spiritofmcr20/>

Text Donation - To make a one-off text donation for £5: Text **SPIRITOFMCR** 5 to 70450. *Texts cost £5 plus one standard rate message and you'll be opting in to hear more about our work and fundraising via telephone and SMS.

If you'd like to give £5 but do not wish to receive marketing communications, text **SPIRITOFMCRNOINFO 5** to 70450.

Alternatively, you can text any whole-pound amount between £1 and £20, e.g. text **SPIRITOFMCR 20** to donate £20.



Our thanks to...



Visair for their support with live streaming the awards event.



Lynda Kendall – Decafnomilk for designing the slides and artwork.

Finally, we want to thank every single one of the staff and volunteers and trustees in the voluntary, community and social enterprise sector across Manchester for their work. You've seen a few examples of them in this brochure and there's so much more out there. We will continue to share stories throughout the year in our Manchester Kindness Stories and highlight more in next year's Spirit of Manchester Awards.

Macc is here to support you. Contact us if we can help.

We will get through this by working together. By being defiantly kind.

Stay safe and stay well. From all the staff and trustees at Macc.

THANK YOU

Capacity Building Team: Information support line: 0333 321 3021

Email: info@mcrcommunitycentral.org

Policy and Influence Team: Tel: 0161 834 9823 Email: info@macc.org.uk

Active Communities / Volunteering Team: Tel: 0161 830 4770

Email: info@volunteercentremanchester.co.uk

Postal Address: Manchester Community Central, FREEPOST NAT4553, Manchester M60 3BR

Send your stories of kindness of Manchester individuals and organisations to
hannah@macc.org.uk #Manchesterkind #NeverMoreNeeded

