

**BECOME A**

St John  
Ambulance



**HEALTH CITIZEN**  
**LET THE**

*Adventure Begin*



**Creating  
Social  
Action**

**5 & 6 Nov**  
**SJA 5th Floor Faulkner**  
**House, Faulkner Street**  
**Manchester**

**16 - 25**  
**years**

**FULLY**  
**FUNDED**  
**Sessions**

**12 & 13 Nov**  
**SJA St Andrew House**  
**The Headrow**  
**Leeds**

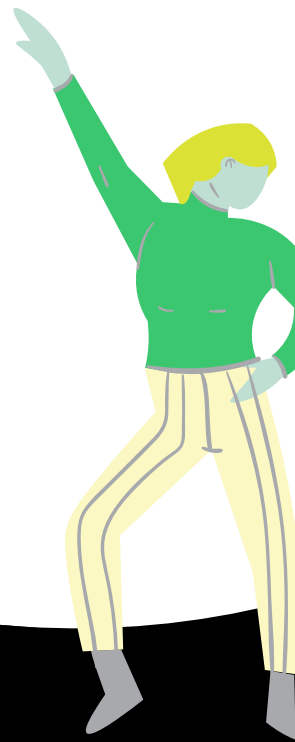
To find out more email  
[health.citizens@sja.org.uk](mailto:health.citizens@sja.org.uk)



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# HEALTH CITIZEN MODULES

## ***MAKING CHANGE***



### Self

Find your own strengths and use them to develop your community

### Leading Others

Learn how to lead a team to success

### Health & Social Action

Create a project that will support a cause close to your heart

**All modules are completed on one of the 2-day courses and all Health Citizens will be supported by a St John Ambulance Coach**