



COMMUNITY COOKS SERIES

SACRED HEARTS SURE START CENTRE

Learn to cook delicious dishes from around the world with our Starting Plates Cooks.

menu

20 January
*Winter Warmer
Soup*



27 January
Jollof Rice

3 February
*Traditional
Curry*



10 February
*Arabic Flat Bread
& herby Cous Cous*



Join us for a **FREE** cookery class with all ingredients provided.

how do i reserve my space?

You just need to be a resident of Levenshulme, Longsight or Gorton and be an expectant Mum, Dad or carer or have a child under 2. Siblings are welcome to attend.

To book call **0161 850 5717** or email **enquiries@lev-inspire.org.uk**

Where?

Sacred Heart Sure Start Centre, Glencastle Road, Gorton M18 7NE
1 – 2.30pm Thursdays

Book on for a minimum of 1 workshop a maximum of 4 workshops. Vegetarian, Vegan or Halal dishes available. You must not previously have attended a Starting Plates session.