



YOUNG PEOPLE'S PROGRAMME

SUPPORT FOR YOUNG PEOPLE WHO ARE DISPLAYING UNHEALTHY BEHAVIOURS TOWARDS THEIR PARENTS AND/OR CARERS.

ABOUT: This is an essential service to help young people who have started to struggle with their behaviour in their own relationships. Young people who are engaging in harmful behaviour with parents, carers or other members of their family need careful and considered intervention to address this as soon as possible.

The service allows them to work with a caring and non-judgemental professional who can help them become aware of their behaviours and begin to form positive relationships with others.

YOUNG PEOPLE WHO ACCESS THIS SERVICE

WILL:

- Have a safe and confidential space to talk openly about what they're going through
- Not be judged, but be supported with their experiences and concerns
- Identify harmful or unhealthy relationship behaviours and question these
- Explore and discuss healthy relationships and behaviour
- Be supported to develop safe and positive relationships in their lives

WHERE?

We accept referrals from:

- **MANCHESTER**
- **SALFORD**
- **WIGAN**
- **STOCKPORT**

PLEASE NOTE:

Due to Covid-19 restrictions, the programme is currently running online for the foreseeable future.

WE AIM FOR YOUNG PEOPLE WHO WORK WITH US TO HAVE:

- Improved insight into their own behaviour
- Improved relationships with members of their family
- Increased emotional wellbeing
- Improved ability to cope with feelings of anxiety, anger or depression
- Reduced problematic behaviours
- Increased educational attendance and attainment

ELIGIBILITY:

- Must be displaying unhealthy behaviours in their relationships
- Must be aged 14-19 years old
If you would like to refer someone aged 11-13 or 19-21, please contact us for more information.

REFERRALS

We accept referrals from:

- Early Help
- Operation Encompass
- Social Care
- STRIVE
- Youth Offending Service



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