Thrive Manchester

Role Profile

Job Title **Walk Leader**

Salary: £12 per hour (Real Living Wage 2024)

Generous annual leave entitlement
Birthday leave
Expenses covered

Hours: 10 hours per week

Contract: Fixed Term 12 months

Locations: We value the importance of flexible working. Our walking services are in person delivery and therefore this role will include travelling to locations across South Manchester and possibly into central Manchester. This role will be situated at Thrive Manchester's head office which is located at Benchill Community Centre and there may be the opportunity for some home working if desired.

Accountability: Wellbeing Walk Leader

Job Purpose: Thrive Manchester have been delivering walks across Wythenshawe since 2019 and we have engaged many people from a range of backgrounds. Their ages range greatly, and some people have experienced different health conditions. We have received funding to develop our walks for at least a year, adding a new weekly walk and supporting further the walks that are already taking place each week.

This post is subject to an Enhanced DBS check

To Apply: Send your CV and a Covering Letter of no more than 2 pages to dave@thrivemanchester.org.uk to arrive by 9am on Thursday 29th February 2024

Interviews will be in March 2024

Key Responsibilities

- Build relationships with people who access the walks.
- Challenge and advocate for people when appropriate.
- Provide a trauma-informed service that listens to the people you support.
- Work to gather knowledge of what services are available for people to access, building a culture of shared knowledge and intelligence.
- Contribute to ensuring the walks are accessible to all people.
- Work reflectively and attending regular supervisions and team meetings.
- Be responsible for your personal and professional development, attending appropriate training and undertaking development activities as identified in collaboration with your line manager.
- Work as part of the wider Thrive Manchester, Thrive Manchester values and contributing to the development of the Thrive Manchester approaches.
- Support promotion of the service, including contributing to written materials.
- Support monitoring the impact of the service, gathering information as required.
- Contribute to the safe collection of people's stories and feedback for use as qualitative evidence of impact.
- Ensure data is managed in compliance with General Data Protection Regulations.
- Ensure you have good practical familiarity with safeguarding procedures and ensure that good safeguarding practice is in place at all times.
- Carry out any other duties required to ensure successful delivery of this project.
- To conduct all work in a way that reflects the aims and principles of Thrive Manchester in particular policies on Equal Opportunities and Confidentiality.

This job description may be subject to joint review from time to time between the post-holder and the employer.

Person Specification

ATTRIBUTES	ESSENTIAL	DESIRABLE
Education, Training and Knowledge	An understanding of the importance of safeguarding procedures. Good understanding/ awareness of the experiences of people with mental health issues and the barriers that make things difficult.	
Relevant Experience	Experience of developing kind relationships to create a sense of belonging. Experience of working with people who have lived experience of poor mental health. Experience of working in a Trauma-Informed manner	Experience of working in a changing environment A knowledge of Adverse Childhood Experiences and Trauma
Skills and Abilities	Clear and meaningful communication skills - the ability to listen and enable people to feel heard, accepted and understood. The ability to safety work within your own competency levels and recognise when an alternative intervention or referral may be required. The ability to manage your own administration and be computer literate and to maintain effective recording systems.	Skills in group work.
Personal Attributes and other factors	A commitment to anti-discriminatory practice in employment and service delivery, and to implementing anti-discriminatory practice in relation to job responsibilities. A commitment to work in accordance with the confidentiality and equal opportunities policies of Thrive Manchester. A willingness and ability to work flexibly.	Full driving licence with use of a vehicle