



Break The Silence

#BreakTheSilence

BREAKING DOWN BARRIERS TO REFERRAL

Yaran and Survivors are currently working together to offer support to BAME male survivors of sexual abuse, rape and sexual exploitation.

We provide 1:1 confidential IAPT compliant counselling and psychotherapy to help men over the age of 18 to work through difficult, personal and sometimes painful issues. We assist them beyond the trauma and through their own unique healing process. To share information about this project, we are holding a series of open door sessions for professionals and other organisations. Please come and visit us on any of the following dates, meet our counsellors, visit our newly refurbished counselling rooms and find out how and when to refer:

**30th November | 1st December | 4th December | 7th December
8th December | 11th December | 14th December | 15th December**

Location: The Roby centre 307 Dickenson road, longisght, Manchester, M13 ONG

Yaran Northwest CIC Manchester Office:
The Zion Centre, 339 Stretford Road,
Manchester M15 4ZY



@YARAN/CIC



@yaranmanchester

"Survivors Manchester has taught me how to take my life back, talk through the pieces of my memory and achieve clarity"

Danny 55

"With Yaran have found some peace in myself and a place I can trust for the first time"

Client



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Cheshire Strategic Clinical Network