

Updates from the network



We are excited to publish our new report, *Age Proud: Exploring Positive Ageing*. Thank you to those of you who attended our Age Proud Event in October 2019 and contributed to our findings. Join us in building an Age Proud Movement in Greater Manchester! [Click here to read the report.](#)

INFLUENCING THE AGENDA FOR OLDER PEOPLE

On Thursday the 20th of February 2020 between 11am-4pm, we will be holding our next network event on ageing, offering you the opportunity to engage with the Mayor of Greater Manchester, Andy Burnham and other leaders and key influencers. We will celebrate the work that the network has done over the past five years as part of the Ambition for Ageing programme and outline our strategy for building an Age Proud GM. The event will take place at Friends' Meeting House, 6 Mount Street, Manchester, M2 5NS. A buffet lunch will be provided. This event is now full for organisational representatives. Booking for this event is essential. [Please click here to book your place.](#)



EVENT PLANNING MEETING

We will be having another event planning meeting on Tuesday 28th January 2020 from 2pm-3:30pm at Macc to help us plan for our February event. Anyone is welcome to come along and share their views!

[Please call Liz or Victoria on 0161 834 9823 to confirm your attendance.](#)



EXPERTS BY EXPERIENCE TRAINING

This training is for anyone over 50 who wants to explore what is involved in being an 'expert by experience' - someone who contributes to consultations, policy discussions and decision-making on the basis of their lived experience, rather than from professional knowledge.

When: Thursday 13th February, 10.20am-2.30pm (lunch included)

Where: LGBT Foundation, 5 Richmond Street, Manchester M5 3HF

To book your free place, email hannah.berry@lgbt.foundation, or call 0345 330 3030 extension 310.

Ambition for Ageing news and events



AGE FRIENDLY CHALLENGE

Following two rounds of The Mayor of Greater Manchester's Age-Friendly Challenge, Ambition for Ageing are happy to announce that fifty-three neighbourhoods have been recognised as age-friendly, or making excellent progress to becoming age-friendly.

[Click here to read more.](#)

CULTURAL ROUTES



Ambition for Ageing have announced that they are funding [The Turnpike](#) and Touchstones Rochdale to deliver Cultural Route: a programme designed to champion and support artists and creative practitioners who are over 50 years of age.

The Turnpike will be launching workshop opportunities for residents aged 50 years and older who are interested in working with artists to create a new piece of artwork for the Age-Friendly Festival in Manchester.

[Touchstones Rochdale](#) will be working with fifteen people over the age of 50 from their local community who are interested in getting involved in creating a new piece of dance with a professional dance artist.

News and Participation Opportunities



PRIDE IN *ageing*

OUT FOR COFFEE!

The Women's Programme and Pride in Ageing Programme at LGBT Foundation invite you to a new Friday morning meetup. Call in and enjoy the finest coffee, chats and company in a cosy cafe that is just off the Gay Village. The next session will be on Friday 21 February at Foundation Coffee House between 10:30am-12pm.

[Click here to read more.](#)

PENSION AGE TRAVEL PASS

There is an important change coming from 1 February 2020. Off-peak bus travel will still be free but, to continue using rail and Metrolink, customers will need to add tram and train to their pass for an annual charge of £10. This will give you access to unlimited off-peak travel in Greater Manchester. Disabled concessionary passes are not affected.



Pass holders can add tram and train at any TfGM Travelshop or online at getmethere.com now, so their pass will be valid for travel and ready to use from 1 February. You will also be able to pay at an PayPoint shop from 25 January.

[Click here to read more.](#)



COMMITTEE AND MEETING SKILLS

This workshop is specifically for those who are new members to a committee or for those who would like to brush up on their skills at meetings. Booking is essential.

When: Thursday 26th March, 10.00am-1pm

Where: Macc, Swan Buildings, Manchester, M4 5JW

[Click here to read more.](#)

CHINESE NEW YEAR!



Join Manchester Central Library's celebration of Chinese arts, crafts and culture on one of their exclusive Sunday openings. They will be celebrating the Year of the Rat with musicians, artists and activities for all the family. Soak up the atmosphere with traditional Chinese music, art and dance. Be sure to arrive early to see the fantastic lion dance performances from Manchester Chi Mo Martial Art Centre just before 12pm. [Click here to read more.](#)
 When: Sunday 26th January, 12pm-4pm (free event - please drop in)
 Where: Manchester Central Library, St Peter's Square, Manchester M2 5PD

DIGITAL RADIO TRAINING

Sonder Radio are delivering 'Let's Get Digital' training in February (date TBC): a free radio making course for Manchester residents who are 50+. This training will help you make new friends, develop confidence, gain new creative digital skills and work towards creating your own radio show. Lunch and travel provided.

To register your interest, call 0161 820 2190 or email hello@sonderradio.com



MANCHESTER OPEN EXHIBITION



From January to March 2020, the HOME Gallery walls will be filled with work from 500+ Greater Manchester residents, selected by a panel consisting of art experts and community representatives.

One of categories of the Open Awards is The People's Choice Award, will be voted for by visitors during the first four weeks of the exhibition. Five of the artists are shortlisted in the bOlder Greater Manchester Prize category for entrants aged over 50. The exhibition runs in HOME's main and Granada Foundation galleries until Sunday, March 29, and admission is free. [Click here to read more.](#)