



## Group Development support

### M9 ADHD Support Group

M9 ADHD Support Group, a charitable unincorporated association, came to Macc for support in February 2015. The group was at a crossroads decision regarding whether to remain and develop as an independent group, or become part of a larger, regional organisation.

With organisational development support, M9 ADHD Support Group was able to assess which option was best suited to the group's aims and direction. As a result, the group decided that they wanted to remain as an independent organisation with a local focus and identity in North Manchester.

A series of support sessions and informal training on roles and responsibilities helped the group to understand what it means to be a trustee and what it means to be a charity:

“Everything was explained in a way that was clear and easy to understand”.

With support from an Organisational Development Worker the trustees defined their charitable objects and activities and were supported to develop and formally adopt a constitution. M9 ADHD Support Group is currently in the process of opening a bank account so that it is ready to apply for its first round of funding.



“As treasurer of M9 ADHD the support of Macc has been invaluable. Sarah assisted us every step of the way, helping us develop our constitution and allowing us to make informed choices on how our group runs.

The sessions we had were easy to understand and for any issues we had, support was only an email away. Cheryl has helped me particularly to brush up on my basic accounting for the group.

I had some very rusty knowledge but now feel confident in managing M9's finances going forward. I couldn't recommend Macc more if I tried. Fabulous support and service. Thank you.” Jo



“One of the best decisions M9 made was to get in touch with Macc for help. We are a new group, only 12 months old and we are run entirely by volunteer parents, none of which had any knowledge or experience on the governance and legal structure of running such a group.



Macc helped us by giving our group training sessions, helping us to understand the different options we had in terms of the future development of M9 and helped us to recognise the strengths we have as a community group and what we wanted to set out to achieve in the future.

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Thank you on behalf of all of our Members at M9.”

Two group members also attended Macc’s Community Reporters training and are really excited about making and editing their video which will be posted on the My Manchester site:

“Everything we had learnt in the morning we had to put into practice in the afternoon... [we] chose the subject that matters to us most (ADHD) and we managed to get 15 interviews, some of them were belters we was really chuffed.”