



Incorporation and funding support

Rock of Ages Diabetes Association (RADA)

Rock of Ages Diabetes Association (RADA) is a local support group based in Manchester. They support diabetics (family, friends and carers too) by providing companionship, education and information on living with diabetes. They are a fairly new group and specialise in supporting the French speaking black African ethnic community in Manchester.



RADA was running a drop in at the Eglise en Mission based in Cheetham Hill. Rooms and materials are used free of charge thanks to the Church, but the group wanted to be independent. They were limited in the type of activities they provided and aspired to address other issues affecting diabetics like nutrition and exercise.

The group approached Manchester Community Central for support registering with the Charities Commission and securing funding to improve support offered to diabetics accessing their service.

The group is now a registered charity with funds secured to deliver a range of support activities for diabetics including swimming, gym sessions and awareness roadshows.

Rock of Ages Diabetes Association (RADA) has been set up to provide mental and physical help and support to sufferers of diabetes in the black communities in Manchester. RADA also has the mission of educating the public in all matters of diabetes by running awareness day campaigns.

RADA contacted Manchester Community Central because they were new and needed knowledge, help and support with networking, funding and training.

We helped RADA to develop their constitution and charitable aims and to complete an application for National Lottery funding and we also provided training on how to use our funding portal.

RADA are now an established charity in Manchester which runs a drop in centre every Tuesday where sufferers of diabetes can come for opportunities to meet with other people with the same condition, get up to date information, get help with diabetes self-management education, and attend forums. The group now also have funding available for a pay as go gym for people affected with diabetes, for social events and to support more people.



C.Lutundula (Chairman RADA) said:

“We are pleased to announce that we are now a registered charity since yesterday. Thank you for your continuous support to our organisation. Thanks to all your fantastic team.”

“I am pleased to confirm that our project has been approved for funding by the big lottery.”