

# Greater Manchester Older People's Network Newsletter

November 2019

## Updates from the Network

### Upcoming GMOPN Event



The next Greater Manchester Older People's Network event will be taking place on the **8th January 2020** at the **Mechanics' Institute** between **10:30am - 15:30pm**.

We are excited to announce that the Mayor of Greater Manchester, **Andy Burnham** will be attending our next Network Event to engage with members about the current issues for older people in Greater Manchester.

More information and invitations to the event will be sent out late this month. Keep your diaries clear!

### Our Members' Journey

This month, we hear from Action Group member Elaine Unegbu who attended the UK Research and Innovation "Healthy Ageing Grand Challenge" Event at the University of Manchester:

This event brought together businesses and researchers to develop new and creative ways to support an ageing society.

I was invited to speak at this event to give an older person's perspective, acknowledging that older people's voices are being heard and their contributions are valued.

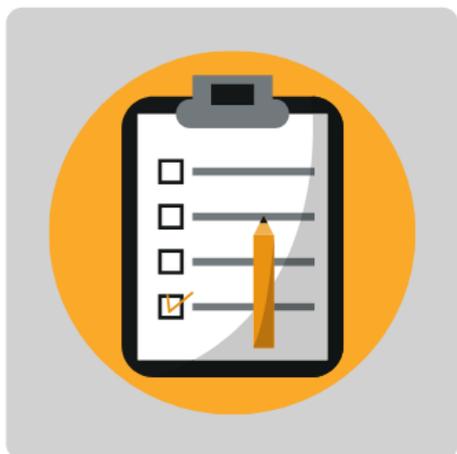


The aim of this challenge is bringing together researchers, innovators, businesses and social enterprises to design and create new ways to deliver services, opportunities and products to support people as they age. Having our voices heard at the beginning of this important challenge is very exciting. It makes me look forward with optimism and confidence to future developments in creating solutions to support people as they age to remain active and connected across generations.

**Photo: Elaine with George MacGinnis, the Challenge Director.**

## Event and Participation Opportunities

### Welfare Reform Survey



Manchester City Council would like to understand how Manchester residents have been affected by Welfare Reform and Universal Credit.

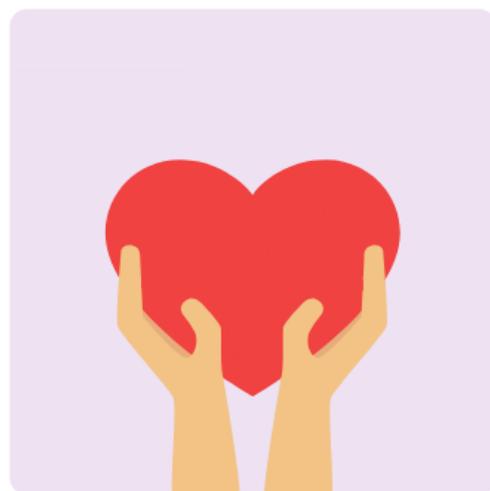
If you are a Manchester resident and you or your family claim Universal Credit, this is your chance to answer a few questions to tell Manchester City Council how Universal Credit is affecting your life. Your response will also be used to help the City Council and partners develop services to help you.

**Please call Victoria or Liz at Macc on 0161 834 9823 if you would like to take part in the survey. Deadline: 18th December 2019**

### Winter Wellbeing

If you're over 65, Manchester Cares can help you stay warm, active and connected this winter! This includes services such as:

- Delivering a blanket or item of warm clothing to your door.
- Connecting you with organisations who could help you reduce your bills, offer financial advice and provide practical solutions to keep your home warm.
- 15 free social clubs a month.
- Small grants for you if you're struggling to stay warm this winter.
- Introducing you to a younger neighbour who could visit once a week for a chat over a brew.



**Please call Amy on 0161 207 0800 to find out more.**

### Lifetime Radio Volunteer

Lifetime Radio supports patients with dementia in hospitals and aims to enhance patient experience and wellbeing. It includes engaging with patients living with dementia and their relatives at the bedside, using reminiscence and activities to elicit memories and conversation. It is volunteer run and they are looking for committed volunteers to help them to launch in February. **Please call Aleena on 0161 834 9823 for more information.**



## Doing Buses Differently consultation

GMCA are proposing a franchising scheme for the whole of Greater Manchester. This would mean that bus services would be under Greater Manchester's control and they would decide which services would be provided - like the way buses are run in London and some other major cities around the world. The routes, timetables, tickets and standards would be set, while the bus operators would run the services.

**Please call 0161 244 1100 to discuss your requirements and do the survey.**



## Home of 2030 workshop



Home of 2030 is a bold new initiative encouraging people to think innovatively about how we can design and build affordable, efficient, healthy and green homes in the future and you are invited to join the Greater Manchester workshop.

The workshop is being run by Design Council in partnership with GMCA and Manchester Metropolitan University. They want to hear why you love your home and what you think people will want and need in the Home of 2030 so everyone can have a home they will love to live in.

**When: Tuesday 10 December, 1pm - 4pm**

**Where: Manchester School of Art, Manchester Metropolitan University, Boundary Street West, Manchester, M15 6BR**

**Please call Victoria or Liz at Macc on 0161 834 9823 to book your free place.**

## Live Music Now at The Bridgewater Hall



Live Music Now's Songs and Scones programme brings together older people who live on their own in the community or in care settings for a morning of music, tea and conversation. Each session begins with time for refreshments and socialising followed by an informal participatory concert led by professional LMN musicians, trained to work with older communities and those living with dementia.

The next concert will take place on **Friday 13th December** with Edward Robinson (Baritone) and Rachel Fright (Piano).

**Please call Victoria or Liz at Macc on 0161 834 9823 to book your free place.**