



Spirit of Manchester 2017 Mini-grants Programme

End of Project Report

Can-Survive UK (working with Fit After Cancer Treatment [FACT])

This mini-grant was used in Moston during May to September to pilot six two-hour Women Only Wednesdays and Men Only Thursdays cancer support group sessions. They particularly tried to target, though not exclusively, the local BME population. The sessions comprised various therapeutic activities tailored to meet the needs of attendees. The mini-project enabled Can-Survive UK to work with FACT who specialise in providing fitness activity-related support to this client group. The mini-project's costs included venue hire and refreshments, publicity, service user travel and facilitator hours.



CanSurviveUK
enabling, empowering, educating

MEN ONLY THURSDAYS and WOMEN ONLY WEDNESDAYS

MOT WoW!
Women only Wednesdays

Have you or anyone close to you been affected by cancer?
Would you like to meet other people in a similar position?

Can-Survive UK is piloting two new cancer support groups and would like to hear from you. Come along to tell us what kind of support / activities YOU would like! Take part in 'taster' health and wellbeing activities. Refreshments provided.

Meetings take place at Simpson Memorial Community Assoc.
351 Moston Lane, M40 9NB. Car parking available to the rear.

TIME: 12noon—2pm, on

- Thursday 1st June
- Thursday 8th June
- Weds 14th June
- Weds 21st June
- Thurs 29th June

For further information:
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Charity No. 1166128

Spirit of Manchester Awards 2017

Marcella Turner, Founder and Chief Operating Officer of Can-Survive UK, who ran the activities, described the difficulties involved in developing this pilot activity:

"I was disappointed (because) the take up (of sessions) was not as I anticipated or expected. However through conversations with various other agencies/individuals, it would appear that engaging with community members appear to be more challenging in North Manchester in comparison to Central and South Manchester. The experience of speaking with individuals in Moston and the surrounding areas did give Can-Survive UK a wider overview of the experiences of BME people living with cancer and their expectations as to wider support."