



Training

Widows Empowerment Trust

The Widows Empowerment Trust is a diverse organisation tackling loneliness and isolation facing widows and widowers. Founded in 2017 the Trust was formed with a goal of empowering widows, promote social inclusion and to fight isolation.

The Trust runs a variety of activities such as wellbeing sessions every Tuesday and Thursday, pampering sessions, befriending / home visits, meals out / day trips, celebrations and a food bank.

Members of the organisation have recently accessed a variety of training workshops through Macc such as Public Speaking, Book-keeping and Demonstrating Your Impact which has assisted them in being able to train more of their volunteers and put structures in place.

When asked how the training has helped their organisation members stated that a lot has changed particularly with the book-keeping as it wasn't organised professionally however since taking part in the training they have a better understanding on structuring their accounts and keeping on top of their spreadsheet on a day to day basis. They picked up tips in how to better record and save their data to help keep track.

With the Public Speaking this workshop gave them confidence in being very precise and concise when speaking and information in structuring presentations.

The group quoted:

“Am glad I attend the training. Now we can work better”

Macc offers a variety of workshops and co-ordinates existing training opportunities across the city of Manchester. For further information on what training is coming up visit: <https://bit.ly/2fnhWpb>

If you would like to discuss your training needs then please contact the training co-ordinator Cheryl McAlister on 0333 321 3021, or email: training@mcrcommunitycentral.org



WIDOWS EMPOWERMENT TRUST
promoting social inclusion

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