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Nelson Mandela said: "May your choices reflect your hopes, not your fears"

There will be General Election on Thursday June 8th 2017. This is when your next Member of Parliament (MP) and your next Government will be decided.

Your vote is very important.



Breakthrough UK is run by disabled people.

Disabled people are all different and we all have lots of other roles in our lives too.

Disabled people are mums, dads, children, partners, workers and carers.

There are 8 things that we think are very important to lots of different disabled people. These things are:

- 1. Fairness
- 2. Care
- 3. Health
- 4. Prejudice
- 5. Education
- 6. Access
- 7. Being a Citizen
- 8. Taking Part

You can read more information about these things further down.

Candidates are the people who would like to be voted into Parliament to be MPs.



We want candidates to answer some questions. There are some different questions for each of the 8 things in the list. You can find them all below.

You can help by asking candidates in your area to answer the questions.

Please choose the questions that are most important to you.

Breakthrough does not tell people how to vote. We work with people as individuals.

We want all disabled people to be treated with respect, to know their rights and to be independent.

Make sure your choices stand up for the kind of world you can be proud of!

Call us on 0161 234 3950 or email admin@breakthrough-uk.co.uk if you

- need help to vote, or
- you need to find out who your local candidates are.

1. Fairness



Everyone who lives in Great Britain deserves to be treated fairly

Ask your candidate

What will you do now and after Brexit to make sure that our rights stay the same?

How will you stand up for fairness, respect and independence of all disabled people?

2. Care

Women sometimes have a lot more to cope with when social care money is cut.



Ask your candidate

How will you make sure that disabled women and men always get enough support to meet their needs? Especially when they cannot pay for it themselves?

How will you stop disabled people getting poorer and more lonely?

How will you stop disabled people being forced to go into care homes where they might get abused?

3. Health

Our National Health Service (NHS) is one of the best health care services in the world.



It is open to everyone. It makes sure that everyone can stay as well as possible.

Disabled people can get the treatment that they need. They do not have to be able to pay for it.

Ask your candidate

What will you do to keep the NHS there for everyone?

How will you make sure that disabled people get their health care rights?

How will you make sure all disabled people will be treated with dignity?

4. Prejudice

Disabled people are more likely to have a crime happen to them.

Disabled people now face more bad attitudes.



More than 1 in 3 people from black and minority ethnic groups were racially abused – or saw racial abuse - after the vote for Brexit.

Attacks against Jewish people and Muslim people are higher than they have ever been.

Hate crime has gone up but the police and the law courts have not always been ready to help.

Ask your candidate

What will you do to make sure that attacks on people because of who they are - or what they believe - are never acceptable?

How will you make sure that the police and the law courts protect everyone from prejudice and abuse?

5. Education



It is very important that disabled children can go to the same schools as other children.

Lots of children and young people are being bullied in schools because of who they are.

Different families should be celebrated.

All kinds of bullying should be stopped so that all children feel welcome.

This will also help them to learn and to accept others for who they are too.

Ask your candidate

How will you make sure that everyone has what they need to learn well in schools and colleges?

What will you do to make sure that everyone has an equal chance to do well? How will you take the barriers away?

6. Access



Is everyone included???

Many disabled people face bad access at work

Many disabled people face bad access when they go to places like leisure centres or parks.

There is very little choice of where to live.

Public places can be full of barriers.

This is not right.

Ask your candidate

What will you do to change bad access?

7. Being a Citizen

Being a Citizen means:

- Making choices about your life
- Having money and the right support
- Being a part of your local area
- Having rights
- Being expected to do things



Children in families where there is a disabled person have 2 times the chance of being poor.

Disabled people are 4 times more likely to not have a job than non-disabled people.

Ask your candidate

How will you make sure that every disabled person has the right to live?

How will you make sure disabled people are helped by the law?

How will you make sure that disabled people can get benefits if they need them?

How will you make sure that disabled people can get and keep good jobs?

How will you stop rich people getting richer and poor people getting poorer?

8. Taking part

Disabled people, women, people from Black and Minority Ethnic Groups and Lesbian, Gay, Bisexual and Transgender people are much less likely to be in important public jobs.



This includes jobs in TV and newspapers, the law and in Parliament.

Ask your candidate

What will you do to get more disabled people into important public jobs while you are an MP?

Please call 0161 234 3950 if you would like to talk to us about any of these questions.

Thank you