



Carers accessing Sunday GP appointments



GP appointments
in Central Manchester designed
For Carers...

ARE YOU A CARER?



Do you look after a friend or a relative **who needs your help?**
Do you give that help without payment?
If so.... you are a carer

Life might be very busy and your attention may be mainly focused on caring, but try to look after yourself and your own health needs by attending appointments, checkups and screenings.

*If you have not
seen your GP for
some time, why not
arrange a health
check?*

If you are registered with a GP in Central Manchester, you can access appointments designed just for carers

- Every Sunday 1.00 - 2.00 pm
- At Chorlton Health Centre, Chorlton Family Practice
1 Nicolas Road Manchester M21 9NJ



Arrange an appointment by contacting
Manchester Carers Forum on 0161 819 2226 between 10.00am -4.30pm or
email: info@manchestercarersforum.org.uk

Say you want a Sunday GP Appointment and
MANCHESTER CARERS FORUM will book your appointment and let you have the time and date.