#### 31 October 2018

#### PRESS RELEASE

### Championing carers rights

gaddum, a leading Greater Manchester charity which champions the rights of carers throughout the year are hosting a range of events across Manchester for carers rights day. This national event taking place on Friday 30 November aims to highlight the realities of carers and those they support. The charity operate carers services in Bury, Manchester and Salford.

Carers Rights Day is a national day which helps carers in their local community know their rights and find out how to get the help and support they are entitled to.

Out of 280,000 carers that are known in Greater Manchester, 70,000 (nearly a quarter) spend 50 hours per week as carers, higher than the national average. 24,800 (c.9%) are young carers aged under 25 which is 2% more than the average in England.

The charity are hosting a range of educational activities at multiple locations including:

## Bury

• PRIDE in caring-LGBT carers rights event at Bury Town Hall in partnership with LGBT Foundation, Groundwork, Bury Council and Bury LGBT Forum.

#### Salford

 Triangle of care training by the national campaigner, Ruth Hannan previously from Carers Trust

#### Manchester

• Manchester Carers Network, Carers Rights Day / young carers transition conference in partnership with Manchester Young Carers group at The Studio.

Lynne Stafford, Chief Executive commented

"There is a greater need than ever before to fight for carers rights. The recent NHS survey found that carers are now receiving less support than ever both financially and practically. gaddum works to provide emotional and practical support and with all the awareness raising events taking place it will help raise the profile of issues carers face in Greater Manchester."

Members of the public are welcome to attend these events and a summary of all activities taking place and how to book are available from the listings on the gaddum website, <a href="https://www.gaddumcentre.co.uk">www.gaddumcentre.co.uk</a>

-ENDS-

For further information, contact:

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#### **NOTES TO EDITORS**

gaddum is one of Manchester's oldest charities. Set up in 1833, its vision is to support Greater Manchester's most vulnerable adults, children and families.

We are focused on empowering people and enhancing lives through being innovative, forging partnerships and building relationships.

gaddum is an established charity offering a range of health and social care services empowering and enhancing the lives of people in greater Manchester. We have three main focus areas: •therapy services (including palliative and bereavement support) •statutory advocacy •carers support service (including provision for young people) As a provider for making lives better, our work includes counselling, advocacy, advice, family and individual support along with training and development programmes for individuals, families, agencies, local and health authorities, professionals and companies. We currently work in five Greater Manchester authorities, Bury, Manchester, Rochdale, Salford and Stockport.

To find our more information, refer a person or family to one of our services, please visit our website gaddumcentre.co.uk