

FACT

(Fit After Cancer Treatment)

FREE

Six week fitness sessions

Call to book your place.

FACT.

Cancer and cancer treatment can have an extreme effect on the body and on overall physical wellbeing

FACT.

It can also be emotionally challenging, undermining confidence and leading to low self esteem

Where:

Moss Side Leisure Centre,
Moss Lane East, Moss Side,
Manchester, M15 5NN

Time: 1:30 pm — 3:30 pm

For info or to register:

Email:

factwelcome@gmail.com or

Call 07842961816

Dates:

Wednesday 12th July 2017

Wednesday 19th July 2017

Wednesday 26th July 2017

Wednesday 02nd August 2017

Wednesday 09th August 2017

Wednesday 16th August 2017

