## **Sporting Memories**

National Football Museum is also working with the Sporting Memories Network to set up Sporting Memories groups in the community and gather memories for the Memories of 66 archive. Memories can be submitted online at: www.memoriesof66.sportingmemories.org or by contacting the museum.

For more information, please contact Louise Rutherford on 0161 871 8177 or email louise.rutherford@nationalfootballmuseum.com



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Tweet: @NFM learn

## www.nationalfootballmuseum.com/memories-of-66















## Football Memories

## Resources for older people, carers and group leaders



The Memories of 66 programme uses reminiscence work to enhance wellbeing. We support older people, their carers and activity organisers to engage in fun social experiences. The iconic objects, exhibitions and stories of the National Football Museum provide a powerful stimulus for reminiscing, sharing stories and connecting with others.

We offer a programme of free activities including:

- Guided Memory Tours of the museum
- Support from museum staff trained in reminiscence work and dementia awareness
- A Memory Trail resource to support group leaders and carers at the museum
- Outreach object handling and reminiscence sessions
- Weekly sporting memories groups
- · Reminiscence training sessions for staff

"What a fantastic day out. Dad and I really enjoyed it. It was very well organised."

Carer

"It was magical. I've had a wonderful time."

Age UK group member



