



**HEALTHY ME
HEALTHY COMMUNITIES**

www.healthymehealthycommunities.co.uk

Healthy Me Healthy Communities HMHCmcr



Your local food project

**Gorton Community Centre,
543 Abbey Hey Lane, M18 8PF**

EVERY FRIDAY 9.30 - 12.00PM

**Opening
9TH FEBRUARY**

Gorton Community Grocer is a food-sharing project redistributing groceries and toiletries.

Members pay £2.50 for around £12 worth of groceries including tins, chilled, frozen, fruit and vegetables. Membership is available to people living within walking distance (15 minutes) of the project.

Simply join for free on the day and if we have places you can start shopping straight away.

If the project is full you will be placed on a waiting list.

Then pay your £2.50 and chose your items using our colour-coded guide.

- ✓ £2.50 gets you around £12 worth of food
- ✓ End of line toiletries and household essentials
- ✓ Cookery courses
- ✓ Training and volunteering opportunities
- ✓ And a friendly face and a brew

For more information call 07913 540680 or email: info@healthymehealthycommunities.co.uk

Working with:



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