

# Are you:

- aged 16 to 25
  - bored, unemployed and wanting to improve your job prospects
  - looking for a short course that is different, nationally recognised and valued by employers?
- 

# Yes?

## Then join the Prince's Trust Team

- Work in a team
- Gain new skills
- Meet new people
- Combine learning with having fun and obtain a nationally recognised qualification
- Five day team building experience for you to step out of your comfort zone and try new things.

This 12 week, full-time course is free, your benefits are protected. The only condition is a desire to improve your personal skills. This course is a voluntary programme and will only work if you want to attend.

---

# Interested?

Contact the team for an information pack and application form.

Harpurhey Team

**Matt Marsden**

(Team Leader)

North Manchester Sixth Form,  
Rochdale Road, Harpurhey,  
Manchester M9 4AF

**07747 758 101**

[matthew.marsden@themanchestercollege.ac.uk](mailto:matthew.marsden@themanchestercollege.ac.uk)

Fallowfield Team

**Nigel Brooks**

(Team Leader)

191 Wilbraham Road,  
Fallowfield,  
Manchester M14 7DS

**07590 734 137**

[nigel.brooks@themanchestercollege.ac.uk](mailto:nigel.brooks@themanchestercollege.ac.uk)



Prince's Trust



# The Prince's Trust Team Programme

The  
Manchester  
College

# The Prince's Trust Team Programme

## Week 1 Induction

- Meet your team and get to know them.
  - Set targets.
  - Take part in Health and Safety and Food Hygiene courses.
  - Planning rotas for team building residential.
- 

## Week 2 Team building residential

- Spend a week away doing outdoor activities, for example, rock climbing/abseiling, caving, raft building, problem solving, camping expedition, canoeing and high ropes activities.
- 

## Weeks 3, 4, 5 and 6 Community project

This is where you start to put the skills you have learnt in the first two weeks into practice.

- As a team you will decide on a project that will benefit your local community and then complete the chosen project over the next few weeks.

During this time you will plan your fund-raising events in preparation for Week 11.

---

## Weeks 7 and 8 Individual placement

This is your chance to gain some work experience. Would you like to work in construction, retail or youth work?

- Tell us the kind of job you would like to do and we will try to find an agency or employer that is willing to give you a chance.

## Week 9 Next steps

- Brush up on your job search skills, produce an up-to-date CV, develop your interview techniques and focus on the future.
- 

## Weeks 10 and 11 Final team challenge

Towards the end of the 12 week period your team will re-form.

- The final team challenge might be arranging an activity for people with learning differences or in some way assisting those less fortunate in our society.
  - You choose, discuss and implement.
- 

## Week 12 Presentation

This is an opportunity to celebrate your achievements.

- Your team will organise and carry out a presentation to invited guests highlighting the highs and lows of the previous 12 weeks. You will also be awarded your certificates.
- 

