



HEALTHY ME  
HEALTHY COMMUNITIES

# RUSHOLME Social Café

MEET, CHAT & ENJOY

A place to relax!

**FREE**  
(with donations for refreshments)

## WHERE AND WHEN?

BIRCH COMMUNITY CENTRE,  
BRIGHTON GROVE, RUSHOLME,  
MANCHESTER M14 5TJ

WEDNESDAYS 12.30 – 3.30pm  
(and some Sundays  
3.30pm – 8.00pm)

Contact us for current  
details:

- Lunch and refreshments
- Creative activities
- Local history
- Community organising



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www.healthymehealthycommunities.co.uk



@HMHCmcr



Healthy Me Healthy Communities

BIRCH  
COMMUNITY  
ASSOCIATION

**NHS**

North, Central and South Manchester  
Clinical Commissioning Groups

Manchester Community Central  
Supporting our voluntary and community sector