



ENCOURAGING HEALTHY RELATIONSHIPS

SUPPORT FOR YOUNG PEOPLE AFFECTED BY DOMESTIC ABUSE, TO HELP THEM BECOME AWARE OF THEIR OWN BEHAVIOURS AND FORM POSITIVE RELATIONSHIPS WITH OTHERS.

Domestic abuse can impact young people in a variety of ways and for those who are engaging in harmful behaviour with others, additional support with this can be beneficial. We can offer them support from a professional who can help them to develop healthy relationships.

YOUNG PEOPLE WHO ACCESS THIS SERVICE

WILL:

- Have a safe and confidential space to talk openly about what they're going through
- Not be judged, but be supported with their experiences and concerns
- Identify harmful or unhealthy relationship behaviours and question these
- Explore and discuss healthy relationships and behaviour
- Be supported to develop safe and positive relationships in their lives

***SALFORD:** For this programme in Salford, please directly refer to The Harbour Project.

THE
HARBOUR
PROJECT

 **0161 872 1100**

 bridgingtochange@talklistenchange.org.uk

ABOUT: This is an essential service to help young people who as a result of experiencing or witnessing abuse have started to struggle with their behaviour in their own relationships. Young people who due to their experiences are now engaging in harmful behaviour with partners, friends or family need careful and considered intervention and support to address this as soon as possible.

The service allows them to work with a caring and non-judgemental professional who can help them become aware of their behaviours and begin to form positive relationships with others.

REFERRALS

We accept referrals from:

- **MANCHESTER**
- **SALFORD***
- **WIGAN**
- **STOCKPORT**

- Early Help
- Social Care
- Youth Offending Service
- Operation Encompass
- STRIVE

PLEASE NOTE:

Due to Covid-19 restrictions, the programme is currently running online for the foreseeable future.

ELIGIBILITY:

- Must be displaying unhealthy behaviours in their relationships
- Must be aged 14-19 years old
If you would like to refer someone aged 11-13 or 19-21, please contact us for more information.