# Talk Money, Stress Less



More bills

I can't get a bank account

£

Borrowing feels like the only option

I'm not sure I'll be able to pay the rent

Where can I get advice?

How am I going to make ends meet?

HELP!

I'm to embarrassed to talk about it!

I'm so stressed about money

**Sanctions** 

If you are a community group and want to put on an event that gets people talking about money we have a small budget and a wealth of knowledge to help you...

I don't want more debt.







The 'Talk Money Stress Less' campaign aims to stop people feeling ashamed about struggling with money. If people are able to talk about money problems they are more likely to be pointed in the direction of good money advice rather than resort to payday loans, doorstep lenders or cutting back on essentials such as food, gas and electric.

We are looking to support community events which include activities aimed at encouraging people to talk about money. This could simply be a coffee morning or as part of a larger event. For further information and ideas download our toolkit at: www.mindyourmoney.org.uk.

Our project officers will be able to assist you with any elements of budgeting and money management that you are not sure about and will be happy to attend on the day.

#### Who can apply?

Voluntary and Community Sector organisations, 'Friends of' and Resident/ Tenant Associations. Groups who apply must be constituted or affiliated to an organisation which is constituted.

## What can I apply for?

We can help out with costs directly relating to your 'Talk Money Stress Less' event. This could be for refreshments, venue hire, speakers or materials. It is not meant to cover things such as staff costs or existing events.

#### How much can I apply for?

We can help out with costs up to a maximum of £500. These must be reasonable costs and we would want to know how the money is being spent.

#### How do I apply?

Email your expression of interest outlining what the event is about, the activities involved and how many people will be attending to mindyourmoney@citysouthmanchester.co.uk by Friday 6 November 2015.

We will need to know where the event is taking place (this must be in Manchester) and the date and time if known at this stage. Events will need to take place between 1 December 2015 and 31 January 2016.

### What happens next?

We will assess each expression of interest and might contact you for further information. If you are successful we will be able to support you with the planning of your event if needed and attend on the day to offer support and advice.

If you would like any further information please contact a member of the team on 0161 227 1352.



