

#### What is the Leadership Programme about?

A nine month part time programme that fits around work, study or other commitments. You will:

- Learn about how change is made on a local, national and global level, from the companies and individuals who are doing it
- Run your own social action campaign on an issue that you care about
- Meet and build relationships with the UK's most senior leaders
- Visit national organisations and businesses
- Be individually matched with a coach and professional mentor

Find out more and register your interest www.uprising.org.uk

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## **Leadership Programme**































Are you aged 19-25?

Want to transform your community for the better?

Join our FREE 9-month programme

www.uprising.org.uk



"The programme unlocked qualities within me I never knew I had. My confidence increased, I developed many new skills and managed to contribute to my own social action campaign - possibly the proudest achievement of my life." Arshad Hussain

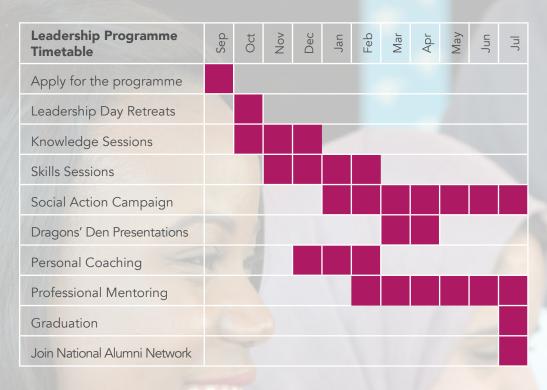
#### Can I apply?

- If you are aged 19-25
- Live, work or study in Bedford, Luton, London, Birmingham, Liverpool, Manchester or Stoke-on-Trent
- Have a passion to make a positive difference in your community

#### What will the programme offer you?

- The tools to shape and achieve your goals
- The skills to make a difference
- The confidence to reach your potential
- A boost to your career prospects
- The chance to meet like minded people
- Local and national visits to different institutions
- A mentor to support you professionally

# Sessions are three hours each and take place one evening per week.



96% of UpRisers said the programme had increased the opportunities open to them for success

### **Apply now**

- 1. Visit www.uprising.org.uk/apply
- 2. Fill out a short form
- 3. We will be in touch