

**68% of UpRisers gained employment after completing the programme**



# UpRising Leadership Programme



## What is the Leadership Programme about?

A nine month part time programme that fits around work, study or other commitments. You will:

- Learn about how change is made on a local, national and global level, from the companies and individuals who are doing it
- Run your own social action campaign on an issue that you care about
- Meet and build relationships with the UK's most senior leaders
- Visit national organisations and businesses
- Be individually matched with a coach and professional mentor

Find out more and register your interest

[www.uprising.org.uk](http://www.uprising.org.uk)

 @UpRising\_UK  UpRising UK  UpRising\_UK

**Are you aged 19-25?**

**Want to transform your community for the better?**

**Join our FREE 9-month programme**

[www.uprising.org.uk](http://www.uprising.org.uk)





**"The programme unlocked qualities within me I never knew I had. My confidence increased, I developed many new skills and managed to contribute to my own social action campaign - possibly the proudest achievement of my life."** Arshad Hussain

### Can I apply?

- If you are aged 19-25
- Live, work or study in Bedford, Luton, London, Birmingham, Liverpool, Manchester or Stoke-on-Trent
- Have a passion to make a positive difference in your community

### What will the programme offer you?

- The tools to shape and achieve your goals
- The skills to make a difference
- The confidence to reach your potential
- A boost to your career prospects
- The chance to meet like minded people
- Local and national visits to different institutions
- A mentor to support you professionally

**Sessions are three hours each and take place one evening per week.**

Leadership Programme Timetable	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul
Apply for the programme	█										
Leadership Day Retreats		█									
Knowledge Sessions		█	█	█							
Skills Sessions			█	█	█	█					
Social Action Campaign					█	█	█	█	█	█	█
Dragons' Den Presentations							█	█			
Personal Coaching				█	█	█					
Professional Mentoring						█	█	█	█	█	█
Graduation											█
Join National Alumni Network											█

**96% of UpRisers said the programme had increased the opportunities open to them for success**

### Apply now

1. Visit [www.uprising.org.uk/apply](http://www.uprising.org.uk/apply)
2. Fill out a short form
3. We will be in touch