

Women and Gambling-Related Harm

Working together to raise awareness, address stigma, and reduce gambling related harms experienced by women



WOMEN AND GAMBLING

Gambling-related harm can be very hidden and the signs, such as debt, depression and anxiety, may not immediately suggest that gambling is the cause.

Women make up over 80% of affected others who call the National Gambling Helpline, and 20% of gamblers. The number of women with a gambling problem is rising at twice the rate of men.

However, we believe that fewer than 1% women affected by gambling-related harm reach out for support. Women tell us this is because of stigma, shame and fear of statutory services involvement.

You can contact us to discuss how we can help:

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WHAT WE CAN OFFER

FREE training to increase your knowledge, skills and confidence to discuss and support individuals experiencing gambling-related harm. Ensuring women get the right support at the right time.

Information, advice and ongoing support about how to identify gambling harms, the services that are available, and how to make a referral

Attending and presenting at networking events, team meetings, women's groups. To keep gambling harms on the agenda and amplify women's experience.

Direct engagement and support to women who might be at risk of experiencing gambling-related harm