**Disability and Inclusion Training for Managers**

This workshop has been developed to support managers to develop the skills and confidence to in turn support disabled staff to thrive at work.

You will take part in **1 full day and one half-day workshop plus a 1:1 coaching session** run by disabled facilitators with extensive management experience.

You will:

* Learn about the rights framework for disabled people and the support available for disabled colleagues and their managers and employers.
* Be supported, including via coaching, to work out the best approach to being an effective confident manager generally – and of disabled staff.
* Receive a user-friendly toolkit to support you in your future work and development.

**Content will include**

* The social model of disability: what, why and how?
* The power of language: normalizing discussion of disability at work and developing your own confidence in conversations about this.
* Duties and rights: a toolkit for finding your way around the statutory framework including ‘reasonable adjustments’ (support for disabled employees) and the Access to Work fund.
* It’s personal: experience and ownership of disability – your relationship with it.
* Mindset and the asset model of management: being aware of your strengths and how to develop them.
* Preparing for coaching: personal development tools.

An individual coaching (50 minutes) by phone or instant messaging.

Training will be offered to five groups of 12 managers on the following dates:

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|  | Workshop 1 | Coaching  | Workshop 2 | Venue |
| Group 1 | Friday 11th May 9.00 – 5.00 | Thurs 18th May or 29th May50 mins | **Mon 11th June 9.00 – 12.30** | **The Curve GMMH, Prestwich** |
| Group 2 | Monday 14th May 9.00 – 5.00 | Wed 23rd May or 30th May50 mins | Monday 11th June 1.30 – 5.00 | **The Curve GMMH, Prestwich** |
| Group 3 | Thursday 17th May 9.00 – 5.00 | Friday 8th June 50 mins | Monday 18th June 1.30 – 5.00 | Rusholme and Whalley Range |
| Group 4 | Thursday 7th June 9.00 – 5.00 | Tuesday 19th June 50 mins | Wednesday 4th July 9.00 – 12.30 | Hulme and Central M/C |
| Group 5 | Wednesday 20th June 9.00 – 5.00 | Wednesday 27th June 50 mins | Wednesday 4th July 1.30 – 5.00 | Hulme and Central M/C |

To book a place please contact hr.manchester@nhs.net